Betnovate® N Ointment
Betamethasone valerate 1mg/g and Neomycin sulphate 5mg/g Ointment
(betamethasone valerate and neomycin sulphate)

Guidance on how to apply the ointment
1 Wash your hands.
2 Gently rub the correct amount of ointment into the skin until it has all disappeared. You can measure how much ointment to use with your fingertip. This picture shows one fingertip unit.
3 Unless you are meant to apply the ointment to your hands as a part of the treatment, wash them again after using the ointment.

For an adult
You should find that:
• two fingertips of ointment will cover both hands or one foot
• three fingertips of ointment will cover one arm
• six fingertips of ointment will cover one leg
• fourteen fingertips of ointment will cover the front and back of the body.

Do not worry if you find you need a little more or a little less than this. It is only a rough guide.

For a child
• Do not use it on children under 2 years of age.
• The smaller the child the less you will need to use.
• A child of 4 years needs about a third of the adult amount.
• A course of treatment for a child should not normally last more than 5 days, unless your doctor has told you to use it for longer.

If you have psoriasis
If you have thick patches of psoriasis on your elbows or knees, your doctor may suggest applying the ointment under an airtight dressing. It will only be at night to help the ointment to start working. After a short period of time you will then apply the ointment as normal.

If you apply Betamethasone/Neomycin Ointment to your face
You should only apply the ointment to your face if your doctor tells you to. The ointment should not be used for too long as the skin on your face thins easily. Do not let the ointment get into your eyes. If it does, wash it out with plenty of water.

If you use more Betamethasone/Neomycin Ointment than you should
If, by mistake on a few occasions you use more than you should, do not worry. If you apply a lot or if a lot is accidentally swallowed, it could make you ill. Talk to your doctor or go to hospital as soon as possible.

If you forget to use Betamethasone/Neomycin Ointment
If you forget to apply your ointment, apply it as soon as you remember. If it is close to the time you are next meant to apply it, wait until this time.

If you stop using Betamethasone/Neomycin Ointment
If you use this medicine regularly make sure you talk to your doctor before you stop using it.

If you have any further questions on the use of this product, ask your doctor or pharmacist.

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Other side effects you may notice when using Betamethasone/Neomycin Ointment include:

• a feeling of burning, irritation or itching where the ointment is applied
• if you have psoriasis you may get raised bumps with pus under the skin.

This can happen during or after the treatment and is known as pustular psoriasis.

Side effects if you use Betamethasone/Neomycin Ointment for a long time, or you use a lot each time you apply it, or you apply it under an airtight dressing or a nappy:

• stretch marks may develop
• veins under the surface of your skin may become more noticeable
• increased hair growth and changes in skin colour
• thinning of your skin that may also damage more easily
• weight gain, rounding of the face and high blood pressure. These are more likely to happen in infants and children.

If you absorb or swallow Betamethasone/Neomycin Ointment in large quantities, it can affect your hearing, nerves and kidneys. This is unlikely when you use the ointment normally.

Reporting of side effects

If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the Yellow Card Scheme at: www.mhra.gov.uk/yellowcard or search for MHRA Yellow Card in the Google Play or Apple App Store. By reporting side effects you can help provide more information on the safety of this medicine.

5) How to store Betamethasone/Neomycin Ointment

• Keep out of the sight and reach of children.
• Do not use this medicine after the expiry date which is stated on the carton and tube label after EXP. The expiry date refers to the last day of that month.
• Do not store above 30°C.
• If the medicine becomes discoloured or show any other signs of deterioration, you should seek the advice of your pharmacist who will tell you what to do.
• Do not throw away any medicines via wastewater or household waste. Ask your pharmacist how to throw away medicines you no longer use. These measures will help protect the environment.

6) Further information

What Betamethasone/Neomycin Ointment contains

• The active ingredients are betamethasone valerate and neomycin sulphate. Each 1g of ointment contains 1mg (0.1% w/w) betamethasone (as valerate) and 5mg (0.5% w/w) neomycin sulphate.
• The other ingredients are: white soft paraffin and liquid paraffin.

What Betamethasone/Neomycin Ointment looks like and contents of the pack

Within each carton is a tube with a white plastic screw cap, which contains 15g of a smooth off white translucent ointment.

It is available in packs containing 1 or 2 tubes.

PL 46420/0036 Betnovate N Ointment
Betamethasone valerate 1mg/g and Neomycin sulphate 5mg/g Ointment
POM

Who makes and repackages your medicine?

Your medicine is manufactured by GlaxoSmithKline Pharmaceuticals S.A., ul. Grunwaldzka 189, 60-322 Poznań, Poland. Procured from within the EU by the Product Licence holder: Suerte Pharma Ltd, 4/5 Northolt Trading Estate, Belvue Road, Northolt, Middlesex, UB5 5QS and repackaged by Primecrown Ltd, Northolt, UB5 5QS.

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