These sachets are for the relief of the symptoms of cystitis in women.

Cystitis is an inflammation of the bladder, which causes painful irritation and an unpleasant burning sensation when passing water. This medicine provides relief by making the urine less acidic.

**HOW TO TAKE**

Dissolve the contents of each sachet in 200 ml (7 fluid ounces) of fresh drinking water and drink straight away.

**DOSAGE**

Adult women:

Take the contents of one sachet three times a day for two days.

This medicine is not to be used by men or children.

**WARNINGS**

- Do not exceed the stated dose.
- Keep all medicines out of the reach and sight of children.
- If symptoms persist after the two day course is completed, consult your doctor or pharmacist. Do not repeat the treatment without medical advice.
- Do not take if you are pregnant or breastfeeding.

Please read the enclosed leaflet which provides more information about this product. Store below 25°C in a dry place. Do not take this medicine after the expiry date shown on the pack.

**INGREDIENTS**

Each 5.6 g sachet of granules contains:

- Sodium citrate dihydrate 4.0 g which is the active ingredient.
- Also contains: Sucrose (sugar) and sodium - see the leaflet for more details.

**MA Holder:** Wrafton Laboratories Limited, Wrafton, Braunton, Devon EX33 2DL UK.

**PL 12063/0045**

Distributed by Superdrug Stores plc, Admail 838, Croydon, U.K. CR9 4WZ.
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