5. How to store Prednisolone Tablets
- Keep this medicine out of the sight and reach of children.
- Do not use these tablets after the expiry date shown on the pack after expiry. The expiry date refers to the last day of that month.
- Store below 30°C.
- Do not throw away any medicines via wastewater or household waste. Ask your pharmacist how to throw away medicines you no longer use. These measures will help protect the environment.

6. Contents of the pack and other information

What Prednisolone Tablets contain:
- The active ingredient is prednisolone.
- Each Prednisolone 2.5 mg Tablet contains 2.5 mg of prednisolone.
- Each Prednisolone 5 mg Tablet contains 5 mg of prednisolone.
- The tablets also contain lactose monohydrate, microcrystalline cellulose, pregelatinised maize starch, magnesium stearate, hypromellose, titanium dioxide (E171), yellow iron oxide (E172), indigo carmine aluminium lake (E132) and sunset yellow FCF (E110).

What Prednisolone Tablets look like and contents of the pack:
- Prednisolone 2.5 mg Tablets are dark brown, circular, deep biconvex, enteric coated tablets.
- Prednisolone 5 mg Tablets are red, circular, deep biconvex, enteric coated tablets.
- Prednisolone Tablets are available in blister packs of 20 tablets.

Marketing authorisation holder and Manufacturer Name and address:
- BBI Pharma Limited, Unit 5, Cardale, Northbridge Road, Bircham Newton, Herne Bay, Kent CT6 7EG, United Kingdom.
- Telephone: 0143 (0)442 200922
- Fax: 0143 (0)442 873171
- Prednisolone 2.5 mg Gastro-Resistant Tablets: PL 40496/0015, Prednisolone 5 mg Gastro-Resistant Tablets: PL 40496/0015

This leaflet was last revised in November 2017.

7. What Prednisolone Tablets are and what are they used for
Prednisolone belongs to a group of medicines called steroids. Their full name is glucocorticosteroids. These corticosteroids occur naturally in the body, and help to maintain health and well-being. Boosting your body with extra corticosteroids (such as prednisolone) can be used to treat a variety of illnesses. This medicine can help provide more information on the safety of this medicine.
Mental & nervous system problems:

- Euphoria (feeling high), sleeplessness, feeling of dependency
- Strange and frightening thoughts, changing how you act or having feelings of being alone.
- Thinking or being confused and losing your memory.
- Feeling anxious, having problems sleeping, difficulty in thinking or concentrating.
- Feeling depressed, including thinking about suicide.
- Feeling irritable or having arguments.
- Feeling unusually tired or feeling more tired than usual.
- Uncontrollable or uncontrollable movements.
- Feeling or acting strangely.
- Difficulty in controlling your mouth, face or tongue.
- Puffy, swollen face, tongue or body, which may cause shortness of breath, shock and collapse.
- Sudden stopping of treatment can cause inflammation of the eyes and nasal passages, painful and itchy skin lumps, loss of weight.

Heart problems:

- Chest pain or discomfort that lasts more than a few minutes, or that comes at rest.
- Shortness of breath, swelling in the legs, general or localized swelling.
- Heart failure

General:

- Other side effects you may experience:
  - They are more likely to happen at high doses.
  - Most of these problems go away if the dose is lowered or the medicine is stopped.
  - Some medicines may increase the effects of prednisolone and cause more serious problems.
  - Steroids including prednisolone can cause serious mental health problems.
  - Steroids can affect about 5 in every 100 people taking medicines like prednisolone.
  - The use of steroids can slow down normal growth of children and adolescents. In order to lessen this effect the tablets are often taken in a single dose every other day.
  - The doctor may advise that you have your blood pressure and urine regularly checked.
  - The doctor may advise that you have your blood pressure and urine regularly checked.

Diseases or conditions to avoid:

- Have any of the following occur:
  - Suffer or have suffered from any mental illness
  - Contact your doctor if you experience blurred vision or visual disturbances
  - If you are not sure if any of the above apply to you, talk to your doctor or pharmacist before taking this medicine.

Other medicines and Prednisolone Tablets:

- Tell your doctor or pharmacist if you are taking, have recently taken or may take any other medicines, including medicines obtained without a prescription. In particular, tell your doctor or pharmacist if you are taking or have recently taken any of the following medicines:
  - Some medicines may increase the effects of prednisolone and your doctor may wish to monitor you closely if you are taking these medicines (including some medicines for HIV like ritonavir, clofazimine)
  - Other medicines andPrednisolone Tablets used to treat fungal infections
  - Other medicines and Prednisolone Tablets used to treat bacterial infections
  - Other medicines and Prednisolone Tablets used to treat tuberculosis
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3. How to take Prednisolone Tablets

Always take this medicine exactly as your doctor or pharmacist has told you. Check with your doctor or pharmacist if you are unsure.

Adults:

- Different illnesses require different doses of Prednisolone.
- Depending on your illness your daily dose may be between 5 and 80 mg. In some cases you may be instructed to take it every other day.
- Your doctor will decide when and how to treat you with Prednisolone. Once your condition starts to get better, your doctor may also reduce your dosage before stopping treatment completely. This may depend on your illness, your dosage and how long you have been taking this medicine. In all cases you should be careful to follow any changes.

Elderly:

- When elderly patients are taken on Prednisolone some of the usual side-effects can be more serious especially brittle bone disease, diabetes, high blood pressure, infections and thinning of the skin.
- Children and adolescents:
  - The use of steroids can slow down normal growth of children and adolescents. In order to lessen this effect the tablets are often taken in a single dose every other day.

4. Possible side-effects

- Like all medicines, this medicine can cause side effects, although not everybody gets them.
- Stop taking this medicine and contact your doctor straight away if:
  - You experience any of the following occur:
  - Are planning to have a vaccination
  - Isoniazid which is used to treat tuberculosis.
  - You cannot take this medicine
  - Pets and other animals
  - You should show your dog or cat to the vet.
  - You should show your dog or cat to the vet.
  - You should show your dog or cat to the vet.
  - You should show your dog or cat to the vet.
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  - You should show your dog or cat to the vet.

General:

- Allergic reaction, breathlessness, increased number of white blood cells, general unwell feeling, breast swelling and general weakness.
- Heart problems:
  - High blood pressure (hypertension), heart problems which can cause shortness of breath, risk of stroke is increased in women.
- Mental & nervous system problems:
  - Epilepsy (fits), drowsiness, feeling of dependency on treatment, depression, confusion, disorientation, headache.