Read all of this leaflet carefully before you start using this medicine.

Keep this leaflet. You may need to read it again.

If you have any further questions, ask your doctor or pharmacist.

This medicine has been prescribed for you. Do not pass it on to others. It may harm them, even if their symptoms are the same as yours.

If any of the side effects gets serious, or if you notice any side effects not listed in this leaflet, please tell your doctor.

In this leaflet:
1. What Co-Danthramer is and what it is used for
2. Before you use Co-Danthramer
3. How to use Co-Danthramer
4. Possible side effects
5. How to store Co-Danthramer
6. Further information

Co-Danthramer 25mg/200mg per 5ml Oral Suspension (“Co-Danthramer”) belongs to a group of laxatives called stimulant laxatives. It works by encouraging normal bowel movements between 6 and 12 hours after taking it. Co-Danthramer is used for the prevention and treatment of constipation in seriously ill patients.

Do not take Co-Danthramer if you:
• if you are allergic to dantron, poloxamer 188 or any of the other ingredients of Co-Danthramer (see Section 6 and end of Section 2).
• are pregnant or breast-feeding.
• suffer from intestinal obstruction – bowel blockage.
• have signs of appendicitis or inflamed bowel (severe pain in your side).

Take special care with Co-Danthramer
Before you take Co-Danthramer, tell your doctor if you:
• suffer from incontinence as prolonged contact with the skin can cause irritation and peeling of the skin, or staining.
• have hereditary fructose intolerance.
• suffer from liver disease, alcoholism or epilepsy.
• have ever had kidney-related problems.

Taking other medicines
You must tell your doctor if you are taking or have recently taken any other medicines, including other laxatives and medicines obtained without a prescription. Co-Danthramer may modify or increase the effects of other medicines.

Pregnancy and breast-feeding
Do not take Co-Danthramer if you are, or are likely to become pregnant, or are breast-feeding.

Driving and using machines
Co-Danthramer may cause unusual tiredness or weakness and, if affected, you should not drive or operate machinery.

Important information about some of the ingredients of Co-Danthramer:
This product contains:
• sorbitol (E420): If you have an intolerance to some sugars contact your doctor before taking this medicinal product.
• ethyl parahydroxybenzoate (E214), propyl parahydroxybenzoate (E216), methyl parahydroxybenzoate (E218): may cause allergic reactions, which may be delayed.
• Ethanol: Each dose contains up to 0.15g of alcohol, equivalent to 3.6ml beer, 1.5ml wine per dose. Harmful for those suffering from alcoholism. To be taken into account in pregnant or breast-feeding women, children and high-risk groups such as patients with liver disease, or epilepsy.

Always take Co-Danthramer exactly as your doctor has told you. You should check with your doctor or pharmacist if you are not sure.

Shake the bottle well before taking Co-Danthramer, but avoid contact with skin to prevent staining.

The effects of Co-Danthramer are usually seen 6 to 12 hours after you have taken it.
The usual dose is:

- Adults and children over 12 years: One to two 5ml spoonfuls at bedtime
- Children under 12 years: Should be avoided, but if recommended, a suitable dose is half to one 5ml spoonful at bedtime

Your doctor may advise you to take your medicine in a different way, so you must always follow your doctor’s advice about when and how to take Co-Danthramer. Check with your doctor if you are unsure.

If you take more Co-Danthramer than you should:
Co-Danthramer can cause diarrhoea if you take too much at once. If it is used for long periods of time, you may get diarrhoea which may lower the salt levels in the blood, causing weakness, dehydration, faintness and tiredness. If this occurs, eat a balanced diet containing foods rich in potassium and drink plenty of water. If you are unsure contact your doctor or pharmacist who will recommend what action you should take.

If you forget to take Co-Danthramer:
If you forget to take a dose, then miss that dose and take it at the next convenient time. If you have any questions on the use of this product, ask your doctor or pharmacist for advice.

Like all medicines, Co-Danthramer can cause side effects, although not everybody gets them.

Possible side effects are:
- abdominal cramps
- urine may be coloured red
- irritation and peeling or staining of the skin e.g. in incontinence
- unusual tiredness or weakness
- rash
- stomach upset

With prolonged use, the following may occur:
- discolouration of the lining of your stomach
- kidney stones – failure
- bowels may stop working normally – stopping salt and nutrients being absorbed into the blood

In animals, dantron can cause growths in the bowel and liver. There may be a possible, but very small risk of this happening in humans.

Reporting of side effects
If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed on this leaflet. You can also report side effects directly via the Yellow Card Scheme at: www.mhra.gov.uk/yellowcard or search for MHRA Yellow Card in the Google Play or Apple App Store. By reporting side effects, you can help provide more information on the safety of this medicine.

Keep out of the sight and reach of children. Do not use Co-Danthramer after the expiry date which is stated on the bottle label and carton after “Exp Date”. The expiry date refers to the last day of that month. Do not store above 25°C. Store in the original container. If your medicine becomes discoloured or shows any signs of deterioration consult your pharmacist who will advise you what to do. Do not throw away any medicines via wastewater or household waste. Ask your pharmacist how to throw away medicines you no longer use. These measures will help to protect the environment.

What Co-Danthramer contains
Each 5ml of Co-Danthramer contains:
- Active ingredients: 25mg Dantron and 200mg Poloxamer 188.
- Other ingredients: aluminium magnesium silicate, xanthan gum, glycerol (E422), sorbitol (E420), saccharin sodium, propylene glycol, ethanol, methyl parahydroxybenzoate (E218), ethyl parahydroxybenzoate (E214), propyl parahydroxybenzoate (E216), citric acid monohydrate, sodium citrate, purified water and peach flavor liquid (contains propylene glycol).

What Co-Danthramer looks like and the contents of the pack
Co-Danthramer is a yellow peach flavored oral suspension. It is available in a 300ml amber glass bottle.

Manufactured by Pinewood Laboratories Ltd., Ballymacarbry, Clonmel, Co. Tipperary, Ireland. Procured from within the EU and repackaged in the UK by the Parallel Import Product Licence holder: CD Pharma Ltd, Unit 3, Manor Point, Manor Way, Borehamwood, Herts, WD6 1EE.

Co-Danthramer 25mg/200mg per 5ml Oral Suspension    PL: 20492/0579

What CO-DANTHRAMER contains

Each 5ml of Co-Danthramer contains:
• Active ingredients: 25mg Dantron and 200mg Poloxamer 188.
• Other ingredients: aluminium magnesium silicate, xanthan gum, glycerol (E422), sorbitol (E420), saccharin sodium, propylene glycol, ethanol, methyl parahydroxybenzoate (E218), ethyl parahydroxybenzoate (E214), propyl parahydroxybenzoate (E216), citric acid monohydrate, sodium citrate, purified water and peach flavor liquid (contains propylene glycol).

What CO-DANTHRAMER looks like and the contents of the pack

Co-Danthramer is a yellow peach flavored oral suspension. It is available in a 300ml amber glass bottle.

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Blind or partially sighted? Is this leaflet hard to see or read?
Call 020 8236 3190 to obtain a leaflet in a format suitable for you

This leaflet was last revised: 12th October 2017