What is in this leaflet
1. What Dovonex® Psoriasis is and what it is used for
2. What you need to know before you use Dovonex® Psoriasis
3. How to use Dovonex® Psoriasis
4. Possible side effects
5. How to stop Dovonex® Psoriasis
6. Contents of the pack and other information

Dosage and duration
Read all of this leaflet carefully before you start using the medicine because it contains important information for you. Always use this medicine as described in this leaflet or on your pharmacist’s label:
• Keep your pharmacist’s label. This includes any possible side effects not listed in this leaflet. It also includes any medicines called anti-psoriatics. It is a type of vitamin D.
• Ask your pharmacist if you need more information or advice.
• Keep this leaflet. You may need to read it again.
• Do not be afraid to ask your pharmacist questions. This is a guide only and may not cover all the possible uses of this medicine.

How to use the medicine
Take your medicine as described in this leaflet to get the best result. This medicine can increase the amount of calcium in your body so it is important that you do not use more than the recommended amount:

To make sure this medicine is helping you, you should check with your pharmacist if you are unsure.

Driving and using machines
This medicine should not have any effect on your ability to drive or use machines. Check with your pharmacist if you develop any side effects that may interfere with your ability to drive. Operate machinery that may put you or others at risk.

Important information about some of the ingredients of Dovonex® Psoriasis
This medicine contains:
• Progesterone (Gestagen). This is a skin hormone. It may affect your skin.

Please talk to your pharmacist if you are pregnant or breast-feeding or planning to become pregnant.

Pregnancy, breast-feeding and fertility
If you are pregnant, ask your doctor or pharmacist before using this medicine.

Other medicines and Dovonex® Psoriasis
Tell your pharmacist if you are taking or have recently taken any other medicines, including those you can buy without a prescription or herbal medicines.

These diagrams explain how your skin may improve when you use this medicine.

Package leaflet: Information for the patient
Dovonex® Psoriasis 50 microgram/g ointment
—I—

2. What you need to know before you use Dovonex® Psoriasis
Do not use this medicine:
• if you have a history of calciphylaxis (a very rare condition that causes skin necrosis or death)
• if you have high levels of calcium in your blood

To make sure your skin improves, you should:

• Wash your hands before using this medicine.
• Do not cover your skin with any dressings or bandages while you are using this medicine, as it may enhance harmful effects of the sun.
• Avoid sunbathing or using sunbeds while you are using this medicine.
• If you are taking medication that may put you or others at risk, you should not use any other psoriasis treatment other than Dovonex® Psoriasis.
• Do not use this medicine on children and adolescents.

If you have been told by a doctor that you have high or low levels of a substance called calcium in your body.

Driving and using machines
This medicine should not have any effect on your ability to drive or use machines. Check with your pharmacist if you develop any side effects that may interfere with your ability to drive. Operate machinery that may put you or others at risk.

Important information about some of the ingredients of Dovonex® Psoriasis
This medicine contains:
• Progesterone (Gestagen). This is a skin hormone. It may affect your skin.

Please talk to your pharmacist if you are pregnant or breast-feeding or planning to become pregnant.

Pregnancy, breast-feeding and fertility
If you are pregnant, ask your doctor or pharmacist before using this medicine.

Other medicines and Dovonex® Psoriasis
Tell your pharmacist if you are taking or have recently taken any other medicines, including those you can buy without a prescription or herbal medicines.

These diagrams explain how your skin may improve when you use this medicine.

Package leaflet: Information for the patient
Dovonex® Psoriasis 50 microgram/g ointment
—I—

2. What you need to know before you use Dovonex® Psoriasis
Do not use this medicine:
• if you have a history of calciphylaxis (a very rare condition that causes skin necrosis or death)
• if you have high levels of calcium in your blood

To make sure your skin improves, you should:

• Wash your hands before using this medicine.
• Do not cover your skin with any dressings or bandages while you are using this medicine, as it may enhance harmful effects of the sun.
• Avoid sunbathing or using sunbeds while you are using this medicine.
• If you are taking medication that may put you or others at risk, you should not use any other psoriasis treatment other than Dovonex® Psoriasis.
• Do not use this medicine on children and adolescents.

If you have been told by a doctor that you have high or low levels of a substance called calcium in your body.

Driving and using machines
This medicine should not have any effect on your ability to drive or use machines. Check with your pharmacist if you develop any side effects that may interfere with your ability to drive. Operate machinery that may put you or others at risk.

Important information about some of the ingredients of Dovonex® Psoriasis
This medicine contains:
• Progesterone (Gestagen). This is a skin hormone. It may affect your skin.

Please talk to your pharmacist if you are pregnant or breast-feeding or planning to become pregnant.

Pregnancy, breast-feeding and fertility
If you are pregnant, ask your doctor or pharmacist before using this medicine.

Other medicines and Dovonex® Psoriasis
Tell your pharmacist if you are taking or have recently taken any other medicines, including those you can buy without a prescription or herbal medicines.

These diagrams explain how your skin may improve when you use this medicine.

Package leaflet: Information for the patient
Dovonex® Psoriasis 50 microgram/g ointment
—I—

2. What you need to know before you use Dovonex® Psoriasis
Do not use this medicine:
• if you have a history of calciphylaxis (a very rare condition that causes skin necrosis or death)
• if you have high levels of calcium in your blood

To make sure your skin improves, you should:

• Wash your hands before using this medicine.
• Do not cover your skin with any dressings or bandages while you are using this medicine, as it may enhance harmful effects of the sun.
• Avoid sunbathing or using sunbeds while you are using this medicine.
• If you are taking medication that may put you or others at risk, you should not use any other psoriasis treatment other than Dovonex® Psoriasis.
• Do not use this medicine on children and adolescents.

If you have been told by a doctor that you have high or low levels of a substance called calcium in your body.

Driving and using machines
This medicine should not have any effect on your ability to drive or use machines. Check with your pharmacist if you develop any side effects that may interfere with your ability to drive. Operate machinery that may put you or others at risk.

Important information about some of the ingredients of Dovonex® Psoriasis
This medicine contains:
• Progesterone (Gestagen). This is a skin hormone. It may affect your skin.

Please talk to your pharmacist if you are pregnant or breast-feeding or planning to become pregnant.

Pregnancy, breast-feeding and fertility
If you are pregnant, ask your doctor or pharmacist before using this medicine.

Other medicines and Dovonex® Psoriasis
Tell your pharmacist if you are taking or have recently taken any other medicines, including those you can buy without a prescription or herbal medicines.

These diagrams explain how your skin may improve when you use this medicine.

Package leaflet: Information for the patient
Dovonex® Psoriasis 50 microgram/g ointment
—I—

2. What you need to know before you use Dovonex® Psoriasis
Do not use this medicine:
• if you have a history of calciphylaxis (a very rare condition that causes skin necrosis or death)
• if you have high levels of calcium in your blood

To make sure your skin improves, you should:

• Wash your hands before using this medicine.
• Do not cover your skin with any dressings or bandages while you are using this medicine, as it may enhance harmful effects of the sun.
• Avoid sunbathing or using sunbeds while you are using this medicine.
• If you are taking medication that may put you or others at risk, you should not use any other psoriasis treatment other than Dovonex® Psoriasis.
• Do not use this medicine on children and adolescents.

If you have been told by a doctor that you have high or low levels of a substance called calcium in your body.

Driving and using machines
This medicine should not have any effect on your ability to drive or use machines. Check with your pharmacist if you develop any side effects that may interfere with your ability to drive. Operate machinery that may put you or others at risk.

Important information about some of the ingredients of Dovonex® Psoriasis
This medicine contains:
• Progesterone (Gestagen). This is a skin hormone. It may affect your skin.

Please talk to your pharmacist if you are pregnant or breast-feeding or planning to become pregnant.

Pregnancy, breast-feeding and fertility
If you are pregnant, ask your doctor or pharmacist before using this medicine.

Other medicines and Dovonex® Psoriasis
Tell your pharmacist if you are taking or have recently taken any other medicines, including those you can buy without a prescription or herbal medicines.

These diagrams explain how your skin may improve when you use this medicine.
How to store Dovonex® Pumisone

• Keep this medicine out of the light and reach of children.
• Do not use this medicine after the expiry date on the bottle and container (SPF). This expiry date is the last day of the expiry month.
• This tube should be discarded in a double bag after opening. Write the date you first opened the bottle in the space provided on the carton.
• Do not store above 25°C.

What Dovonex Psoriasis looks like and contents of the pack

Dovonex Psoriasis comes as an off-white to yellowish-white translucent ointment. It comes in tubular packs of 60 grams.

Marketing Authorisation Holder and Manufacturer

Markaliqum (formulation) holder and Manufacturer:

LEO Laboratories Ltd, Hurley, Berkshire SL6 6RJ, UK.

LEO Laboratories Limited, Dublin 12, Ireland.

This leaflet was last revised in May 2017.

Registered Trade Name

Dovonex®

FURTHER HELPFUL INFORMATION

People with psoriasis should see their doctor or a nurse at least once a year for regular checks out of their skin, their treatment and their general health. This is because psoriasis can affect other parts of the body as well as the skin. This is more likely if psoriasis is severe.

Healthcare professionals are usually the treating physicians. Physicians can reduce drug dosing and monitor the response to treatment. They may advise patients to take the active ingredients of different medicines, which may help treatments such as Dovonex Psoriasis to get the skin.

You should use moisturisers instead of soap when washing or having a bath. Feel free to moisturise generously as often as you can, since this will help your skin become less dry.

In special circumstances, you may need to have a blood test to check your calcium level. For example, you may need this test if you are taking another medicine that can affect your calcium levels. This may be due to too much calcium in your blood or urine:

• Too much calcium in the blood
• Too much calcium in the urine.
• Skin conditions where there are oily glands. For example; on the face, centre of chest, or conditions where there are hair follicles.
• Moisturising and using Dovonex Psoriasis

These may weep or become crusty
• Rash, including red, itchy, scaly rash. Blisters may form.
• Infection in a hair follicle
• Pain in the area where the medicine is used.
• Itching skin
• Burning or stinging feeling
• Flaking skin
• Redness of the skin
• Skin inflammation
• Worsening of your psoriasis

You must see your doctor if you feel that your psoriasis has not improved by up to 50% after using this medicine. If you stop using this medicine, you may get too much calcium in your blood and your doctor may need to do a blood test to check this. Your doctor may help you to stop using this medicine until your calcium levels go back to normal.

5. How to store Dovonex® Pumisone

• Do not use this medicine after the expiry date on the bottle and container (SPF). This expiry date is the last day of the expiry month.
• This tube should be discarded in a double bag after opening. Write the date you first opened the bottle in the space provided on the carton.
• Do not store above 25°C.

Medicines should never be thrown away in sewere waste or in household waste. Please ask your pharmacist how to throw away any medicine you no longer need. If you do this you will help protect the environment.

6. Contents of the pack and other information

What Dovonex Psoriasis contains

• The active ingredient in Dovonex Psoriasis contains calcipotriol in one gram of calcipotriol in each gram of ointment.
• The other ingredients are disodium hydrogen phosphate, disodium iminodiacetate, allantoin, glycerol, propylene glycol, purified water and white soft paraffins.

You can find the important information about some of the ingredients in your medicine near the end of section 2 of this leaflet.

Common side effects (may affect up to 1 in 10 people)

• Rash on the face, including around your eyes, nape
• You feel tired, fatigued and confused.
• Itching skin
• Burning or stinging feeling
• Flaking skin
• Redness of the skin
• Skin inflammation

You must see your doctor if you feel that your psoriasis has not improved by up to 50% after using this medicine.