SUMMARY OF PRODUCT CHARACTERISTICS

1 NAME OF THE MEDICINAL PRODUCT
Arthrotec 75 modified-release tablets

2 QUALITATIVE AND QUANTITATIVE COMPOSITION
Each tablet consists of a gastro-resistant core containing 75 mg diclofenac sodium surrounded by an outer mantle containing 200 micrograms misoprostol.

Excipient(s) with known effect:
Each tablet contains 19.5 mg lactose monohydrate.

For the full list of excipients, see section 6.1.

3 PHARMACEUTICAL FORM
Modified-release tablet.
White, round, biconvex tablets marked ‘SEARLE’ over ‘1421’ on one side, and four times ‘A’ around the circumference with ‘75’ in the centre on the reverse side.

4 CLINICAL PARTICULARS

4.1 Therapeutic indications
Arthrotec 75 is indicated for patients who require the non-steroidal anti-inflammatory drug diclofenac together with misoprostol.

The diclofenac component of Arthrotec 75 is indicated for the symptomatic treatment of osteoarthritis and rheumatoid arthritis. The misoprostol component of Arthrotec 75 is indicated for patients with a special need for the prophylaxis of NSAID-induced gastric and duodenal ulceration

4.2 Posology and method of administration

Posology
Undesirable effects may be minimised by using the lowest effective dose for the shortest duration necessary to control symptoms (see section 4.4 Special warnings and precautions for use).

**Adults**

One tablet to be taken with food, two times daily. Tablets should be swallowed whole, not chewed.

**Elderly/renal, cardiac and hepatic impairment**

No adjustment of dosage is necessary in the elderly or in patients with hepatic impairment or mild to moderate renal impairment as pharmacokinetics are not altered to any clinically relevant extent. Nevertheless, elderly patients and patients with renal, cardiac or hepatic impairment should be closely monitored (see section 4.4 and section 4.8).

**Paediatric population**

The safety and efficacy of Arthrotec 75 in children under 18 years has not been established.

### 4.3 Contraindications

Arthrotec 75 is contraindicated in:

- Patients with active peptic ulcer/haemorrhage or perforation or who have active GI bleeding or other active bleedings e.g. cerebrovascular bleedings.

- Pregnant women and in women planning a pregnancy.

- Patients with a known hypersensitivity to diclofenac, acetylsalicylic acid, other NSAIDs, misoprostol, other prostaglandins, or any other ingredient of the product.

- Patients in whom, attacks of asthma, urticaria or acute rhinitis are precipitated by acetylsalicylic acid or other non-steroidal anti-inflammatory agents.

- Treatment of peri-operative pain in the setting of coronary artery bypass graft (CABG) surgery.

- Patients with severe renal and hepatic failure.

- Established congestive heart failure (NYHA II-IV), ischemic heart disease, peripheral arterial disease and/or cerebrovascular disease.
4.4 Special warnings and precautions for use

Warnings

The use of diclofenac/misoprostol with concomitant systemic NSAIDs including COX-2 inhibitors should be avoided, except for patients requiring low dose acetylsalicylic acid – caution is advised in such patients with close monitoring. Concomitant use of a systemic NSAID and another NSAID may increase frequency of gastrointestinal ulcers and bleeding.

Use in pre-menopausal women (see also section 4.3)

Arthrotec 75 should not be used in pre-menopausal women unless they use effective contraception and have been advised of the risks of taking the product if pregnant (see section 4.6). The label will state: ‘Not for use in pre-menopausal women unless using effective contraception’.

Precautions

Undesirable effects may be minimised by using the lowest effective dose for the shortest duration necessary to control symptoms (see section 4.2, and GI and cardiovascular risks below).

- Renal/cardiac/hepatic impairment

In patients with renal, cardiac or hepatic impairment and in the elderly, caution is required since the use of NSAIDs may result in deterioration of renal function. In the following conditions Arthrotec 75 should be used only in exceptional circumstances and with close clinical monitoring: advanced liver disease, severe dehydration.

In a large trial where patients received diclofenac for a mean of 18 months, ALT/AST elevations were observed in 3.1% of patients. ALT/AST elevations usually occur within 1-6 months. In clinical trials, hepatitis has been observed in patients who received diclofenac, and in postmarketing experience, other hepatic reactions have been reported, including jaundice and hepatic failure. During diclofenac/misoprostol therapy, liver function should be monitored periodically. If diclofenac/misoprostol is used in the presence of impaired liver function, close monitoring is necessary. If abnormal liver tests persist or worsen, if clinical signs and symptoms consistent with liver disease develop, or if systemic manifestations occur, treatment with diclofenac should be discontinued.

Diclofenac metabolites are eliminated primarily by the kidneys (see section 5.2). The extent to which the metabolites may accumulate in patients with renal failure has not been studied. As with other NSAIDs, metabolites of which are excreted by the kidney, patients with significantly impaired renal function should be more closely monitored.
In rare cases, NSAIDs, including diclofenac/misoprostol, may cause interstitial nephritis, glomerulitis, papillary necrosis and the nephrotic syndrome. NSAIDs inhibit the synthesis of renal prostaglandin which plays a supportive role in the maintenance of renal perfusion in patients whose renal blood flow and blood volume are decreased. In these patients, administration of an NSAID may precipitate overt renal decompensation, which is typically followed by recovery to pretreatment state upon discontinuation of NSAID therapy. Patients at greatest risk of such a reaction are those with congestive heart failure, liver cirrhosis, nephrotic syndrome overt renal disease and the elderly. Such patients should be carefully monitored while receiving NSAID therapy.

Appropriate monitoring and advice are required for patients with a history of hypertension and/or mild to moderate congestive heart failure as fluid retention and oedema have been reported in association with NSAID therapy.

As with all NSAIDS, diclofenac/misoprostol can lead to the onset of new hypertension or worsening of pre-existing hypertension, either of which may contribute to the increased incidence of cardiovascular events. NSAIDs, including diclofenac/misoprostol, should be used with caution in patients with hypertension. Blood pressure should be monitored closely during the initiation of therapy with diclofenac/misoprostol and throughout the course of therapy.

Patients with significant risk factors for cardiovascular events (e.g. hypertension, hyperlipidaemia, diabetes mellitus, smoking) should only be treated with diclofenac after careful consideration. As the cardiovascular risks of diclofenac may increase with dose and duration of exposure, the shortest duration possible and the lowest effective daily dose should be used. The patient's need for symptomatic relief and response to therapy should be re-evaluated periodically.

Clinical trial and epidemiological data suggest that use of diclofenac, particularly at high dose (150mg daily) and in long term treatment may be associated with a small increased risk of serious arterial thrombotic events (for example myocardial infarction or stroke).

Physicians and patients should remain alert for the development of such events, even in the absence of previous cardiovascular symptoms. Patients should be informed about the signs and/or symptoms of serious cardiovascular toxicity and the steps to take if they occur (see section 4.3).

- **Blood system/gastrointestinal**

NSAIDs, including diclofenac/misoprostol, can cause serious gastrointestinal (GI) adverse events including inflammation, bleeding, ulceration, and perforation of the stomach, small intestine, or large intestine, which can be fatal. When GI bleeding or ulceration occurs in patients receiving diclofenac/misoprostol, the treatment should be withdrawn. These events can occur at any time during treatment, with or without warning symptoms or in patients with a previous history of serious GI events.
Patients most at risk of developing these types of GI complications with NSAIDs are those treated at higher doses, the elderly, patients with cardiovascular disease, patients using concomitant acetylsalicylic acid, corticosteroids, selective serotonin reuptake inhibitors, patients who consume alcohol or patients with a prior history of, or active, gastrointestinal disease, such as ulceration, GI bleeding or inflammatory conditions.

Therefore, diclofenac/misoprostol should be used with caution in these patients and commence on treatment at the lowest dose available (see section 4.3).

Patients with a history of GI toxicity, particularly when elderly, should report any unusual abdominal symptoms (especially GI bleeding) particularly in the initial stages of treatment. Caution should be advised in patients receiving concomitant medicines which could increase the risk of ulceration or bleeding, such as oral corticosteroids, selective serotonin-reuptake inhibitors or anti-platelet agents such as aspirin (see section 4.5). The concomitant use of NSAIDs, including Arthrotec 75, with oral anticoagulants increases the risk of GI and non-GI bleeding and should be given with caution. Oral anticoagulants include warfarin/coumarin-type and novel oral anticoagulants (e.g. apixaban, dabigatran, rivaroxaban). Anticoagulation/INR should be monitored in patients taking a warfarin/coumarin-type anticoagulant (see section 4.5).

Arthrotec 75 in common with other NSAIDs, may decrease platelet aggregation and prolong bleeding time. Extra supervision is recommended in haematopoietic disorders or in conditions with defective coagulation or in patients with a history of cerebrovascular bleeding.

Caution is required in patients suffering from ulcerative colitis or Crohn's Disease as these conditions may be exacerbated (see section 4.8).

Care should be taken in elderly patients and in patients treated with corticosteroids, other NSAIDs, or anti-coagulants (see section 4.5).

- **Skin reactions**

  Serious skin reactions, some of them fatal, including exfoliative dermatitis, Stevens-Johnson syndrome, and toxic epidermal necrolysis, have been reported very rarely in association with the use of NSAIDs, including diclofenac/misoprostol (see section 4.8). Patients appear to be at highest risk for these events early in the course of therapy, the onset of the event occurring in the majority of cases within the first month of treatment. Diclofenac/misoprostol should be discontinued at the first appearance of skin rash, mucosal lesions, or any other sign of hypersensitivity.

- **Hypersensitivity**

  NSAIDs may precipitate bronchospasm in patients suffering from, or with a history of bronchial asthma or allergic disease.
- **Long-term treatment**

All patients who are receiving long-term treatment with NSAIDs should be monitored as a precautionary measure (e.g. renal, hepatic function and blood counts). During long-term, high dose treatment with analgesic/anti-inflammatory drugs, headaches can occur which must not be treated with higher doses of the medicinal product.

- Arthrotec may mask fever and thus an underlying infection.

- Patients with rare hereditary problems of galactose intolerance, the Lapp lactase deficiency or glucose-galactose malabsorption should not take this medicine.

4.5 Interaction with other medicinal products and other forms of interaction

NSAIDs may attenuate the natriuretic efficacy of diuretics due to inhibition of intrarenal synthesis of prostaglandins. Concomitant treatment with potassium-sparing diuretics may be associated with increased serum potassium levels; hence serum potassium should be monitored.

Because of their effect on renal prostaglandins, NSAIDs such as diclofenac may increase the nephrotoxicity of ciclosporin. When co-administered with ciclosporin, there is a two-fold increase in diclofenac systemic exposure. It is prudent to start with the lowest dose of Arthrotec 75 and to monitor closely for signs of toxicity.

There is a possible increased risk of nephrotoxicity when NSAIDs are given with tacrolimus.

Steady state plasma lithium and digoxin levels may be increased and ketoconazole levels may be decreased.

Pharmacodynamic studies with diclofenac have shown no potentiation of oral hypoglycaemic and anticoagulant drugs. However as interactions have been reported with other NSAIDs, caution and adequate monitoring are, nevertheless advised (see statement on platelet aggregation in Precautions).

Because of decreased platelet aggregation caution is advised when using Arthrotec 75 with anti-coagulants. NSAIDs may enhance the effects of anticoagulants, such as warfarin, antiplatelet agents, such as acetylsalicylic acid, and serotonin re-uptake inhibitors (SSRIs) thereby increasing the risk of gastrointestinal bleeding (see section 4.4).

When diclofenac was administered with acetylsalicylic acid, the protein binding of diclofenac was reduced, although the clearance of the free diclofenac was not
altered. The clinical significance of this interaction is not known; however, as with other NSAIDs, concomitant administration of diclofenac/misoprostol and acetylsalicylic acid is not generally recommended because of the potential risk of increased gastrointestinal adverse effects.

Cases of hypo and hyperglycaemia have been reported when diclofenac was associated with antidiabetic agents.

Caution is advised when methotrexate is administered concurrently with NSAIDs because of possible enhancement of its toxicity by the NSAID as a result of increase in methotrexate plasma levels especially in patients receiving high doses of methotrexate.

Concomitant use with other NSAIDs or with corticosteroids may increase the frequency of gastrointestinal ulceration or bleeding and of side effects generally.

Anti-hypertensives including diuretics, angiotensin-converting enzyme (ACE) inhibitors, angiotensin II antagonists (AIIA) and beta-blockers: NSAIDs can reduce the efficacy of diuretics and other antihypertensive drugs, including ACE inhibitors, AIIA and beta-blockers.

In patients with impaired renal function (e.g. dehydrated patients or elderly patients with compromised renal function), the co-administration of an ACE inhibitor or an AIIA and/or diuretics with a cyclo-oxygenase inhibitor can increase the deterioration of the renal function, including the possibility of acute renal failure, which is usually reversible. The occurrence of these interactions should be considered in patients taking diclofenac/misoprostol with an ACE inhibitor or an AIIA and/or diuretics.

Antacids may delay the absorption of diclofenac. Magnesium-containing antacids have been shown to exacerbate misoprostol-associated diarrhoea.

Animal data indicate that NSAIDs can increase the risk of convulsions associated with quinolone antibiotics. Patients taking NSAIDs and quinolones may have an increased risk of developing convulsions.

NSAIDs should not be used for 8-12 days after mifepristone administration as NSAIDs can reduce the effect of mifepristone.

Caution is recommended when co-prescribing diclofenac with mild CYP2C9 inhibitors (such as sulfinpyrazone and voriconazole), which could result in a significant increase in peak plasma concentrations and exposure to diclofenac due to inhibition of diclofenac metabolism. Caution is also recommended when co-prescribing diclofenac with moderate CYP2C9 inhibitors (such as fluconazole, miconazole and amiodarone). Concomitant administration of diclofenac with these moderate CYP2C9 inhibitors has not been studied, but is expected to lead to a larger magnitude of interaction.

Voriconazole increased \( C_{\text{max}} \) and AUC of diclofenac (50 mg single dose) by 114% and 78%, respectively.
4.6 Fertility, pregnancy and lactation

Fertility

Based on the mechanism of action, the use of NSAIDs, including diclofenac/misoprostol, may delay or prevent rupture of ovarian follicles, which has been associated with reversible infertility in some women. In women who have difficulties conceiving or who are undergoing investigation of infertility, withdrawal of NSAIDs, including diclofenac/misoprostol, should be considered.

Pregnancy

Arthrotec 75 is contraindicated in pregnant women and in women planning a pregnancy because misoprostol induces uterine contractions and is associated with abortion, premature birth, and fetal death. Use of misoprostol has been associated with birth defects. Also diclofenac may cause premature closure of the ductus arteriosus.

Inhibition of prostaglandin synthesis might adversely affect pregnancy. Data from epidemiological studies suggest an increased risk of spontaneous abortion after use of prostaglandin synthesis inhibitors in early pregnancy. In animals, administration of prostaglandin synthesis inhibitors has been shown to result in increased pre- and post-implantation loss.

Women of childbearing potential should not be started on diclofenac/misoprostol until pregnancy is excluded, and should be fully counseled on the importance of adequate contraception while undergoing treatment. If pregnancy is suspected, use of the product should be discontinued.

Breast-feeding

Misoprostol is rapidly metabolised in the mother to misoprostol acid, which is biologically active and is excreted in breast milk. Diclofenac is excreted in breast milk in very small quantities. In general, the potential effects on the infant from any exposure to misoprostol and its metabolites via breast feeding are unknown. However, diarrhoea is a recognised side effect of misoprostol and could occur in infants of nursing mothers. Arthrotec 75 should therefore not be administered to nursing mothers.
4.7 Effects on ability to drive and use machines
Patients who experience dizziness or other central nervous system disturbances while taking NSAIDs should refrain from driving or operating machinery.

4.8 Undesirable effects

In the table below the incidence of adverse drug reactions reported in controlled clinical studies where Arthrotec was administered to more than 2000 patients are listed. Additionally, adverse drug reactions reported during post-marketing surveillance are whose frequency cannot be estimated from the available data, such as spontaneous reports, have been listed at frequency ‘unknown’. The most commonly observed adverse events are gastrointestinal in nature. In general, the adverse event profile of diclofenac/misoprostol in patients 65 years of age and older (556 subjects) was similar to that of younger patients (1564 subjects). The only clinically relevant differences were that patients 65 years of age and older appeared to be less tolerant to the gastrointestinal effects of diclofenac/misoprostol given three times a day.

<table>
<thead>
<tr>
<th>Organ System</th>
<th>Very Common (≥ 1/10)</th>
<th>Common (≥1/100 and &lt;1/10)</th>
<th>Uncommon (≥1/1000 and &lt;1/100)</th>
<th>Rare (≥1/10,000, and &lt;1/1000)</th>
<th>Very Rare (&lt;1/10,000)</th>
<th>Frequency: Unknown (Post-marketing experience)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Infections and infestations</td>
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<td></td>
<td></td>
<td></td>
<td>Aseptic meningitis¹</td>
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<tr>
<td>Blood and lymphatic system disorders</td>
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<td></td>
<td></td>
<td>Aplastic anaemia, agranulocytosis, haemolytic anaemia, leucopenia, platelet aggregation inhibition</td>
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<tr>
<td>Immune system disorders</td>
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<td>Anaphylactic reaction</td>
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<td>Hypersensitivity</td>
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<tr>
<td>Metabolism and nutrition disorders</td>
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<td></td>
<td>Anorexia, fluid retention</td>
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<tr>
<td>Psychiatric disorders</td>
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<td></td>
<td>Psychotic reaction, disorientation, depression, anxiety, mood change, irritability</td>
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<tr>
<td>Nervous system disorders</td>
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<td></td>
<td>Convulsions, memory disturbance, drowsiness, tremor, taste disturbance, paraesthesia</td>
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<tr>
<td>Eyes</td>
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<td></td>
<td></td>
<td>Visual disturbances</td>
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<tr>
<td>disorders</td>
<td>vision</td>
<td>Cardiac disorders</td>
<td>Vascular disorders</td>
<td>Respiratory, thoracic and mediastinal disorders</td>
<td>Gastrointestinal disorders</td>
<td>Hepatobiliary disorders</td>
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<tr>
<td><strong>Ear and labyrinth disorders</strong></td>
<td>vision</td>
<td>Myocardial infarction</td>
<td>Cardiac failure, palpitations</td>
<td>Shock, hypotension, vasculitis</td>
<td>Gastritis, vomiting, flatulence, eructation, constipation, peptic ulcer, gastrointestinal inflammation, duodenitis, oesophagitis</td>
<td>Stomatitis, gastrointestinal bleeding</td>
</tr>
<tr>
<td>Pregnancy, puerperium and perinatal conditions</td>
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<td>Intra-uterine death, uterine rupture, incomplete abortion, premature baby, anaphylactoid syndrome of pregnancy, retained placenta or membranes, uterine contractions abnormal</td>
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</tr>
<tr>
<td>Reproductive system and breast disorders</td>
<td>Menorrhagia, metrorrhagia, vaginal haemorrhage, postmenopausal haemorrhage, menstrual disorder</td>
<td>Breast pain, dysmenorrhoea</td>
<td>Uterine haemorrhage, uterine spasm, fertility decreased female</td>
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<tr>
<td>Congenital, familial and genetic disorders</td>
<td></td>
<td>Birth defects</td>
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<tr>
<td>General disorders and administration conditions</td>
<td>Oedema(^1), pyrexia, chills</td>
<td>Chest pain, face oedema, fatigue, inflammation</td>
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<tr>
<td>Investigation</td>
<td>Alanine aminotransferase increased, blood alkaline phosphatase increased</td>
<td>Aspartate aminotransferase increased</td>
<td>Decreased haemoglobin</td>
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<td></td>
<td></td>
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<tr>
<td>Injury, poisoning and procedural complications</td>
<td></td>
<td>Uterine perforation</td>
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</table>

\(^1\) Symptoms of aseptic meningitis (stiff neck, headache, nausea, vomiting, fever or impaired consciousness) have been reported during treatment with NSAIDs. Patients suffering from autoimmune disease (e.g. lupus erythematosus, mixed connective tissue disorders) seem to be more susceptible.

\(^2\) Diarrhoea is usually mild to moderate and transient and can be minimised by taking Arthrotec 75 with food and by avoiding the use of predominantly magnesium-containing antacids.
GI perforation or bleeding can sometimes be fatal, particularly in the elderly (see section 4.4).

Serious skin reactions, some of them fatal, have been reported very rarely (see section 4.4).

Especially in patients with hypertension or impaired renal function (see section 4.4).

Given the lack of precise and/or reliable denominator and numerator figures, the spontaneous adverse event reporting system through which post marketing safety data are collected does not allow for a medically meaningful frequency of occurrence of any undesirable effects.

With regard to the relative frequency of reporting of adverse reactions during post marketing surveillance, the undesirable effects at the gastrointestinal level were those received most frequently by the MAH (approximately 45% of all case reports in the company safety database) followed by cutaneous/hypersensitivity-type reactions, which is in agreement with the known side effects profile of the NSAIDs drug class.

Clinical trial and epidemiological data consistently point towards an increased risk of arterial thrombotic events (for example myocardial infarction or stroke) associated with the use of diclofenac, particularly at high dose (150mg daily) and in long term treatment (see section 4.3 and 4.4 for Contraindications and Special warnings and special precautions for use).

Reporting of suspected adverse reactions
Reporting suspected adverse reactions after authorization of the medicinal product is important. It allows continued monitoring of the benefit/risk balance of the medicinal product. Healthcare professionals are asked to report any suspected adverse reactions via the Yellow Card Scheme at: www.mhra.gov.uk/yellowcard.

4.9 Overdose

The toxic dose of Arthrotec 75 has not been determined and there is no experience of overdosage. Intensification of the pharmacological effects may occur with overdosage.

Symptoms
Clinical signs that may indicate misoprostol overdose are sedation, tremor, convulsions, dyspnoea, abdominal pain, diarrhoea, fever, palpitations, hypotension, or bradycardia.

Management
Management of acute poisoning with NSAIDs essentially consists of supportive and symptomatic measures. It is reasonable to take measures to reduce absorption of any recently consumed drug by forced emesis, gastric lavage or activated charcoal. Induced diuresis may be beneficial because diclofenac and misoprostol metabolites are excreted in the urine, provided that the patient does not develop renal failure at diclofenac overdose. Special measures such as haemodialysis or haemoperfusion are probably unlikely to be helpful in accelerating the elimination of diclofenac and misoprostol, due to the high protein binding and extensive metabolism.

5 PHARMACOLOGICAL PROPERTIES

5.1 Pharmacodynamic properties

Pharmacotherapeutic group (ATC code): M01AB55

Arthrotec 75 is a non-steroidal, anti-inflammatory drug, which is effective in treating the signs and symptoms of arthritic conditions.

This activity is due to the presence of diclofenac, which has been shown to have anti-inflammatory and analgesic properties.

Arthrotec 75 also contains the gastroduodenal mucosal protective component misoprostol, which is a synthetic prostaglandin E₁ analogue that enhances several of the factors that maintain gastroduodenal mucosal integrity.

Arthrotec 75 administered bd provides 200 micrograms less misoprostol than Arthrotec tds, whilst providing the same daily dose (150 mg) of diclofenac and may offer a better therapeutic ratio for certain patients.

5.2 Pharmacokinetic properties

The pharmacokinetic profiles following oral administration of a single dose or multiple doses of diclofenac sodium and misoprostol administered as Arthrotec 75 are similar to the profiles when the two drugs are administered as separate tablets. There are no pharmacokinetic interactions between the two components, apart from a slight decrease in diclofenac sodium Cmax when administered concomitantly with misoprostol.

Diclofenac sodium is completely absorbed from the gastrointestinal (GI) tract after fasting oral administration. Only 50% of the absorbed dose is systemically available due to first pass metabolism. Peak plasma levels are achieved in 2 hours (range 1-4 hours), when given as a single dose under fasting conditions.
Under fed conditions diclofenac Tmax is increased to 4 hours. The area-under-the plasma-concentration curve (AUC) is dose proportional within the range of 25 mg to 150 mg. The steady state absorption of diclofenac is reduced following the administration of Arthrotec 75 tablets with food, Cmax and AUC are reduced by approximately 40% and 20%, respectively.

The terminal half-life is approximately 2 hours. Clearance and volume of distribution are about 350 ml/min and 550 ml/kg, respectively. More than 99% of diclofenac sodium is reversibly bound to human plasma albumin, and this has been shown not to be age dependent. Diclofenac metabolism is predominantly mediated via cytochrome P450 CYP2C9 in the liver. Patients who are known or suspected to be poor CYP2C9 metabolizers based on previous history/experience with other CYP2C9 substrates should be administered diclofenac with caution as they may have abnormally high plasma levels due to reduced metabolic clearance.

Diclofenac sodium is eliminated through metabolism and subsequent urinary and biliary excretion of the glucuronide and the sulfate conjugates of the metabolites. Approximately 65% of the dose is excreted in the urine and 35% in the bile. Less than 1% of the parent drug is excreted unchanged.

Misoprostol is rapidly and extensively absorbed, and it undergoes rapid metabolism to its active metabolite, misoprostol acid, which is eliminated with an elimination t½ of about 30 minutes. No accumulation of misoprostol acid was found in multiple-dose studies, and plasma steady state was achieved within 2 days. The serum protein binding of misoprostol acid is less than 90%. Approximately 70% of the administered dose is excreted in the urine, mainly as biologically inactive metabolites.

Single and multiple dose studies have been conducted comparing the pharmacokinetics of Arthrotec 75 with the diclofenac 75 mg and misoprostol 200 micrograms components administered separately. Bioequivalence between the two methods of providing diclofenac were demonstrable for AUC and absorption rate (Cmax/AUC). In the steady state comparisons under fasted conditions bioequivalence was demonstrable in terms of AUC. Food reduced the rate and extent of absorption of diclofenac for both Arthrotec 75 and co-administered diclofenac. Despite the virtually identical mean AUCs in the fed, steady state, statistical bioequivalence was not established. This however is due to the broad co-efficients of variation in these studies due to the wide inter-individual variability in time to absorption and the extensive first-pass metabolism that occurs with diclofenac.

Bioequivalence in terms of AUC (0-24 h) was demonstrable when comparing steady state pharmacokinetics of Arthrotec 75 given bd with diclofenac 50 mg/misoprostol 200 micrograms given tds, both regimens providing a total daily dose of 150 mg diclofenac.

With respect to administration of misoprostol, bioequivalence was demonstrated after a single dose of Arthrotec 75 or misoprostol administered alone. Under
steady state conditions food decreases the misoprostol $C_{\text{max}}$ after Arthrotec 75 administration and slightly delays absorption, but the AUC is equivalent.

5.3 Preclinical safety data
In co-administration studies in animals, the addition of misoprostol did not enhance the toxic effects of diclofenac. The combination was also shown not to be teratogenic or mutagenic. The individual components show no evidence of carcinogenic potential.

Misoprostol in multiples of the recommended therapeutic dose in animals has produced gastric mucosal hyperplasia. This characteristic response to E-series prostaglandins reverts to normal on discontinuation of the compound.

6 PHARMACEUTICAL PARTICULARS

6.1 List of excipients

Arthrotec 75 tablets contain:

Core:
- lactose monohydrate
- microcrystalline cellulose
- maize starch
- povidone K-30
- magnesium stearate

Mantle/coat:
- methylacrylic acid copolymer type C
- sodium hydroxide
- talc
- triethylcitrate
- hypromellose
- crospovidone
- hydrogenated castor oil
- colloidal silicon dioxide
- microcrystalline cellulose

6.2 Incompatibilities
Not applicable.

6.3 Shelf life
3 years.
6.4 Special precautions for storage
Do not store above 25 °C. Store in the original package.

6.5 Nature and contents of container
Arthrotric 75 is presented in cold-formed aluminium blisters in pack sizes of 10, 20, 30, 60, 90, 100 and 140 tablets.

Not all pack sizes may be marketed.

6.6 Special precautions for disposal
No special requirements.

7 MARKETING AUTHORISATION HOLDER
Pfizer Limited
Ramsgate Road
Sandwich
Kent
CT13 9NJ
United Kingdom

8 MARKETING AUTHORISATION NUMBER(S)
PL 00057/0932

9 DATE OF FIRST AUTHORISATION/RENEWAL OF THE AUTHORISATION
Date of first authorisation: 13th May 1996
Date of last renewal: 23rd January 2007

10 DATE OF REVISION OF THE TEXT