Kenalog Injection is a steroid medicine, prescribed for many different conditions, including serious illnesses. You should take it regularly to get the maximum benefit.

Don’t stop taking this medicine without talking to your doctor – you may need to reduce the dose gradually.

Kenalog Injection can cause side effects in some people (read section 4 below). Some problems such as mood changes (including depression), high blood pressure, high cholesterol levels (high triglycerides), and high blood sugar levels may occur, and sometimes occur in more severe situations. Others include increased body fat around the face, neck, back, or abdomen (moon face), thinning skin, and changes in body hair. You should avoid taking triamcinolone acetonide with alcohol as it could increase your chance of developing a rounder face (read section 4 for more information).

Check with your doctor if:

• If you have ever had severe depression or manic-depression (bipolar disorder) this includes having had depression before while taking steroid medicines like Kenalog Injection. How you can report side effects

If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. See section 4.

Kenalog Injection is not recommended for children under 6 years.

Check your doctor if:

• If you have ever had severe depression or manic-depression (bipolar disorder) this includes having had depression before while taking steroid medicines like Kenalog Injection.

Please read this leaflet carefully before you start using this medicine because it contains important information for you:

If you are taking any of these medicines, or have recently taken, including those obtained without a prescription. Some problems such as symptoms return and not at regular intervals.

You should always carry this card with you as it must be shown to any of the following persons:

- before having any surgery or emergency treatment or if any new treatment is prescribed.
- before buying any medicine
- it is advisable to have regular eye tests
- before any vaccination without consulting your doctor.

If you have or have had:

• You must take care not to over-use a joint which feels better after you receive Kenalog injection. The joint will still need to recover from the inflammation which caused your symptoms.

You or someone in your family has glaucoma (increased pressure in your eyes).

If any of your close family has had these illnesses.

Steroid medicines suppress your body’s natural immune response. Therefore, if you come into contact with anyone who has an infectious disease such as chickenpox, shingles or measles, consult your doctor as soon as possible.

It is also for the treatment of various allergic disorders including asthma, seasonal allergies, blood disorders, hormone problems, rheumatic fever, and problems associated with digestive system, kidneys, lungs or skin.

Some people may experience a chance of bleeding from the gut.

The name of this medicine is Kenalog Injection. Each injection contains triamcinolone acetonide 40mg/ml as the active ingredient. Triamcinolone acetonide belongs to a group of medicines called corticosteroids (steroids). Kenalog Injection is for the treatment of joint pain, swelling and stiffness in inflammatory disorders such as rheumatoid arthritis.

Kenalog Injection contains 15mg/ml benzyl alcohol which may cause harmful or allergic reactions in infants and young children.

If you have never had them. They could affect you severely. If you do come into contact with chicken pox or shingles, see your doctor straight away.

The effect of the injection will vary from patient to patient and further injections may be given to you when needed to recover from the inflammation which caused your symptoms.

Kenalog Injection is a steroid medicine, prescribed for many different conditions, including serious illnesses. You should take it regularly to get the maximum benefit.

You should always carry this card with you as it must be shown to any of the following persons:

- before having any surgery or emergency treatment or if any new treatment is prescribed.
- before buying any medicine
- it is advisable to have regular eye tests
- before any vaccination without consulting your doctor.

If you have or have had:

• You must take care not to over-use a joint which feels better after you receive Kenalog injection. The joint will still need to recover from the inflammation which caused your symptoms.

You or someone in your family has glaucoma (increased pressure in your eyes).

If any of your close family has had these illnesses.

Steroid medicines suppress your body’s natural immune response. Therefore, if you come into contact with anyone who has an infectious disease such as chickenpox, shingles or measles, consult your doctor as soon as possible.

It is also for the treatment of various allergic disorders including asthma, seasonal allergies, blood disorders, hormone problems, rheumatic fever, and problems associated with digestive system, kidneys, lungs or skin.

Some people may experience a chance of bleeding from the gut.

The name of this medicine is Kenalog Injection. Each injection contains triamcinolone acetonide 40mg/ml as the active ingredient. Triamcinolone acetonide belongs to a group of medicines called corticosteroids (steroids). Kenalog Injection is for the treatment of joint pain, swelling and stiffness in inflammatory disorders such as rheumatoid arthritis.

Kenalog Injection contains 15mg/ml benzyl alcohol which may cause harmful or allergic reactions in infants and young children.

If you have never had them. They could affect you severely. If you do come into contact with chicken pox or shingles, see your doctor straight away.

The effect of the injection will vary from patient to patient and further injections may be given to you when symptoms return and not at regular intervals.

Kenalog Injection is a steroid medicine, prescribed for many different conditions, including serious illnesses. You should take it regularly to get the maximum benefit.

You should always carry this card with you as it must be shown to any of the following persons:

- before having any surgery or emergency treatment or if any new treatment is prescribed.
- before buying any medicine
- it is advisable to have regular eye tests
- before any vaccination without consulting your doctor.

If you have or have had:

• You must take care not to over-use a joint which feels better after you receive Kenalog injection. The joint will still need to recover from the inflammation which caused your symptoms.

You or someone in your family has glaucoma (increased pressure in your eyes).

If any of your close family has had these illnesses.

Steroid medicines suppress your body’s natural immune response. Therefore, if you come into contact with anyone who has an infectious disease such as chickenpox, shingles or measles, consult your doctor as soon as possible.

It is also for the treatment of various allergic disorders including asthma, seasonal allergies, blood disorders, hormone problems, rheumatic fever, and problems associated with digestive system, kidneys, lungs or skin.

Some people may experience a chance of bleeding from the gut.

The name of this medicine is Kenalog Injection. Each injection contains triamcinolone acetonide 40mg/ml as the active ingredient. Triamcinolone acetonide belongs to a group of medicines called corticosteroids (steroids). Kenalog Injection is for the treatment of joint pain, swelling and stiffness in inflammatory disorders such as rheumatoid arthritis.

Kenalog Injection contains 15mg/ml benzyl alcohol which may cause harmful or allergic reactions in infants and young children.

If you have never had them. They could affect you severely. If you do come into contact with chicken pox or shingles, see your doctor straight away.

The effect of the injection will vary from patient to patient and further injections may be given to you when symptoms return and not at regular intervals.

Kenalog Injection is a steroid medicine, prescribed for many different conditions, including serious illnesses. You should take it regularly to get the maximum benefit.

You should always carry this card with you as it must be shown to any of the following persons:

- before having any surgery or emergency treatment or if any new treatment is prescribed.
- before buying any medicine
- it is advisable to have regular eye tests
- before any vaccination without consulting your doctor.

If you have or have had:

• You must take care not to over-use a joint which feels better after you receive Kenalog injection. The joint will still need to recover from the inflammation which caused your symptoms.

You or someone in your family has glaucoma (increased pressure in your eyes).

If any of your close family has had these illnesses.

Steroid medicines suppress your body’s natural immune response. Therefore, if you come into contact with anyone who has an infectious disease such as chickenpox, shingles or measles, consult your doctor as soon as possible.

It is also for the treatment of various allergic disorders including asthma, seasonal allergies, blood disorders, hormone problems, rheumatic fever, and problems associated with digestive system, kidneys, lungs or skin.

Some people may experience a chance of bleeding from the gut.

The name of this medicine is Kenalog Injection. Each injection contains triamcinolone acetonide 40mg/ml as the active ingredient. Triamcinolone acetonide belongs to a group of medicines called corticosteroids (steroids). Kenalog Injection is for the treatment of joint pain, swelling and stiffness in inflammatory disorders such as rheumatoid arthritis.

Kenalog Injection contains 15mg/ml benzyl alcohol which may cause harmful or allergic reactions in infants and young children.

If you have never had them. They could affect you severely. If you do come into contact with chicken pox or shingles, see your doctor straight away.

The effect of the injection will vary from patient to patient and further injections may be given to you when symptoms return and not at regular intervals.

Kenalog Injection is a steroid medicine, prescribed for many different conditions, including serious illnesses. You should take it regularly to get the maximum benefit.

You should always carry this card with you as it must be shown to any of the following persons:

- before having any surgery or emergency treatment or if any new treatment is prescribed.
- before buying any medicine
- it is advisable to have regular eye tests
- before any vaccination without consulting your doctor.

If you have or have had:

• You must take care not to over-use a joint which feels better after you receive Kenalog injection. The joint will still need to recover from the inflammation which caused your symptoms.

You or someone in your family has glaucoma (increased pressure in your eyes).

If any of your close family has had these illnesses.

Steroid medicines suppress your body’s natural immune response. Therefore, if you come into contact with anyone who has an infectious disease such as chickenpox, shingles or measles, consult your doctor as soon as possible.

It is also for the treatment of various allergic disorders including asthma, seasonal allergies, blood disorders, hormone problems, rheumatic fever, and problems associated with digestive system, kidneys, lungs or skin.

Some people may experience a chance of bleeding from the gut.

The name of this medicine is Kenalog Injection. Each injection contains triamcinolone acetonide 40mg/ml as the active ingredient. Triamcinolone acetonide belongs to a group of medicines called corticosteroids (steroids). Kenalog Injection is for the treatment of joint pain, swelling and stiffness in inflammatory disorders such as rheumatoid arthritis.

Kenalog Injection contains 15mg/ml benzyl alcohol which may cause harmful or allergic reactions in infants and young children.

If you have never had them. They could affect you severely. If you do come into contact with chicken pox or shingles, see your doctor straight away.

The effect of the injection will vary from patient to patient and further injections may be given to you when symptoms return and not at regular intervals.
This medicine should not be used for injection into the Achilles tendon.

In using allergic diseases:
The usual starting dose is 40mg (1.0ml) injected deeply into the upper outer area of the buttock. If you require a further injection, this should be made into the same area on the other buttock. Some patients with hay fever or pollen asthma find that one injection of 40-100mg lasts throughout the pollen season.

Your doctor will advise you whether it is wise for you to have further injections.

Deep intramuscular injection must be given into the large muscles of the buttock and not into the upper arm or the thigh. This medicine should not be given into a vein.

If you are receiving long-term intramuscular treatment with Kenalog injection your doctor may advise you to eat meals high in carbohydrates and to help to reduce the gradual loss of weight that can sometimes occur with long-term treatment. Treatment with steroids is usually kept as short as possible and must not be stopped abruptly. Joints may become permanently damaged by repeated injections over a long period of time.

When the treatment is stopped you may notice flu-like symptoms, runny nose or itchy eyes or skin. During times of illness or stress, patients on long-term treatment may require the addition of oral steroid tablets, or, if they have recently finished a course of Kenalog Injections, may need to start taking oral steroid tablets for a while.

Mental health problems while taking Kenalog Injection

Mental health problems can happen while taking steroids like Kenalog Injection (see also Section 4 Possible Side Effects).

- Mood changes, mental health disorders, feeling dependent on the medicine, trouble sleeping, fits or epilepsy, fainting and dizziness
- Feeling depressed, including thinking about suicide
- Feeling feeble, altered behaviour and mania
- Mood swings that go up and down
- Feeling anxious/impatient, having problems sleeping, difficulty in thinking or being confused and losing your memory
- Feeling, seeing or hearing things which do not exist. Having strange and frightening thoughts, changing how you act or having feelings of being alone if you notice any of the following side effects, talk to a doctor straight away.

Serious cases of anaphylactic reactions (i.e. a serious allergic reaction) and anaphylactic shock including death have been reported. If you notice any of the following, contact your doctor immediately:

- Swelling of the face, lips or throat
- Breathing difficulties
- Skin itching, redness or a rash
- As these may be signs of an allergic reaction

Common: may affect up to 1 in 10 people

- Increased risk of infection
- Injection site reactions
- Headache
- Joint pain

Uncommon: may affect up to 1 in 100 people

- Changes in blood chemicals which can fluid retention
- Heart failure or irregular heart beat
- Weak or fragile bones or muscles, poor healing of broken bones or destruction of the ends of bones, decrease in bone density, wrist or bone pain
- Loss of bone tissue (osteoporosis)
- Thin/thin skin, rashes, stretch marks, bruising, sweating, flushed and increased hair growth, itchy bumps, loss/darkening of skin colour
- Eye problems including inflammation, glaucoma and cataracts, blindness, bulging of the eye, damage to the cornea or white of eye
- Infection of the nose
- Inadequate production of hormones
- Strange appetite
- Joint pain

Some of the more common side effects may be caused by stopping the treatment. These illnesses can be serious.

Common:
- Inadequate production of hormones
- Strange appetite
- Joint pain

Uncommon:
- Inadequate production of hormones
- Strange appetite
- Joint pain

Rare:
- Inadequate production of hormones
- Strange appetite
- Joint pain

Very rare:
- Inadequate production of hormones
- Strange appetite
- Joint pain

Local:
- Injection site reactions

What Kenalog Injection looks like and contents of the pack

Each 1 ml of aqueous suspension contains 40 mg of triamcinolone acetonide.

In addition, Kenalog injection contains the following inactive ingredients: Other ingredients: benzyl alcohol, polysorbate 80, carmellose sodium, sodium chloride and water for injection.

Leaflet revision and issue date (Ref): 09.12.2016

Kenalog is a registered trademark of Bristol-Myers Squibb Pharmaceuticals Limited.

To request a copy of this leaflet in Braille, large print or audio please call 01923 332 796.