How much to take

The recommended dose is one inhalation as required.

Do not take more than four inhalations in any 24 hour period.

Cleaning your Turbohaler

Wipe the outside of the mouthpiece once a week with a damp tissue.
When to start using a new Turbohaler

• When a red mark first appears in the indicator window under the mouthpiece, there are about 20 doses left. You will need to see your doctor for another prescription.

• When the red mark reaches the bottom of the indicator window, your Turbohaler is empty and you must start using your new Turbohaler.

Note:
• The grip will still twist and ‘click’ even when your Turbohaler is empty.
• The sound you hear as you shake your Turbohaler is produced by a drying agent and not the medicine. Therefore the sound does not tell you how much medicine is left in your Turbohaler.
• If you load your Turbohaler more than once by mistake before taking your dose, you will still only receive one dose.

If you use more Bricanyl Turbohaler than you should:
If you use more Bricanyl Turbohaler than you should, contact your doctor or pharmacist for advice.

If you forget to use Bricanyl Turbohaler:
• If you forget to take a dose, take it as soon as you remember. However, if it is nearly time for your next dose, skip the missed dose. Do not take a double dose to make up for a forgotten dose.

If you have any further questions on the use of this medicine, ask your doctor or pharmacist.

4. Possible side effects
Like all medicines, this medicine can cause side effects, although not everybody gets them.

Important side effects to look out for:
• Allergic reactions. The signs may include a swollen face, skin rash, breathing problems, low blood pressure (feeling faint), and collapse. It is not known exactly how often this happens. If this happens to you, stop using Bricanyl Turbohaler and see a doctor straight away.
• Sudden wheezing soon after inhaling your dose of Bricanyl Turbohaler. It is not known exactly how often this happens. If this happens to you, stop using Bricanyl Turbohaler and see a doctor straight away.

Other possible side effects:
Very common (may affect more than 1 in 10 people)
• Trembling or shaking.
• Headache.

Common (may affect up to 1 in 10 people)
• Pounding or rapid heart beat (palpitations).
• Cramp or feeling tense.
• Low levels of potassium in your blood which may cause muscle weakness, thirst, or ‘pins and needles’.

Not known (frequency cannot be estimated from the available data)
• Unusual or irregular heart beats.
• Chest pain (due to heart problems such as angina). Tell your doctor if you develop this symptom whilst receiving treatment with Bricanyl Turbohaler, but do not stop using this medicine unless told to do so.
• Feeling sick (nausea).
• Mouth and throat irritation.
• Changes in sleeping patterns and changes in behaviour, such as feeling agitated, restless or hyperactive.

Do not be concerned by this list of side effects. You may not get any of them.

Reporting of side effects
If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the Yellow Card Scheme at: www.mhra.gov.uk/yelleward.

By reporting side effects, you can help provide more information on the safety of this medicine.

5. How to store Bricanyl Turbohaler
• Keep out of the sight and reach of children.
• Do not use Bricanyl Turbohaler after the expiry date which is stated on the label after ‘Exp’. The expiry date refers to the last day of that month.
• Do not store above 30°C.
• Important: replace the cover properly after use.
• Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.
How much to take

• Keep this leaflet. You may need to read it again.
• If you have any further questions, ask your doctor or pharmacist.
• This medicine has been prescribed for you only. Do not pass it on to others. It may harm them, even if they seem the same as yours.
• If you get any side effects, talk to your doctor or pharmacist. This includes any possible side effects not listed in this leaflet. See section 4.

The name of your medicine is Terbutaline sulphate 0.5mg/dose dry powder inhaler but will be referred to as Terbutaline sulphate inhaler or inhaler throughout this leaflet.

What is in this leaflet

1. What Terbutaline sulphate inhaler is and what it is used for

Terbutaline sulphate inhaler is an inhaler. It contains a medicine called terbutaline. This belongs to a group of medicines called "beta agonists".

These work by relaxing certain muscles and opening up the airways in the lungs.

Terbutaline sulphate inhaler is used for asthma and other breathing problems where you have a tight chest and difficulty breathing.

2. What you need to know before you use Terbutaline sulphate inhaler

Do not use Terbutaline sulphate inhaler:
• If you are allergic to terbutaline.

Warnings and precautions

Tell your doctor or pharmacist before using Terbutaline sulphate inhaler if:
• You have diabetes. If so, you may need some extra blood sugar tests when you start using Terbutaline sulphate inhaler.
• You have a history of heart disease, irregular heart rhythm or angina.
• You have an overactive thyroid gland.

If you are not sure if any of the above apply to you, talk to your doctor or pharmacist before using Terbutaline sulphate inhaler.

Other medicines and Terbutaline sulphate inhaler

Tell your doctor or pharmacist if you are taking any other medicines. This includes medicines that you buy without a prescription and herbal medicines. Terbutaline sulphate inhaler can affect the way that some medicines work and some medicines can have an effect on Terbutaline sulphate inhaler.

In particular, tell your doctor or pharmacist if you are taking any of the following medicines:
• Steroid medicines (such as prednisolone).
• Medicines called "xanthines" (such as theophylline).
• Medicines called "beta-blockers" (such as atenolol or propranolol) including eye drops (such as timolol).
• Water tablets (diuretics) such as furosemide (also known as frusemide).

If you are undergoing surgery with general anaesthetics it is important that you inform your doctor about all medicines you use, including Terbutaline sulphate to protect you from adverse effects (e.g. irregular heart beat).

Pregnancy, breastfeeding and fertility

If you are pregnant or breast feeding, think you may be pregnant or are planning to have a baby, ask your doctor or pharmacist for advice before using this medicine.

If you become pregnant while you are using Terbutaline sulphate inhaler, talk to your doctor straight away.

Driving and using machines

Terbutaline sulphate inhaler is not likely to affect you being able to drive or use any machines.

How to use Terbutaline sulphate inhaler

Always use this medicine exactly as your doctor or pharmacist has told you. Check with your doctor or pharmacist if you are not sure. Terbutaline sulphate inhaler is to be used by a child, make sure you use it correctly.

How much to take

• The recommended dose is one inhalation as required.
• Do not take more than four inhalations in any 24 hour period.
• One dose of Terbutaline sulphate inhaler should last for up to six hours.

Talk to your doctor straight away if:
• Your breathing is getting worse.
• You often wake at night with asthma.
• You start getting a tight chest.
• You are not getting relief from your current dose.

These are signs that your asthma is not being controlled. You may need a different or additional treatment straight away.

Please read the complete instructions carefully before you start to take your medication.

Inhaler

Dose is one inhalation as required.

Inhaler from which very small amounts of powder are administered (Figure 1).

When you breathe in through the inhaler the powder is delivered to your lungs. It is the inhaler that you inhale forcefully and deeply through the mouthpiece.

How to prepare a new inhaler for use

Before using inhaler for the first time you need to prepare the inhaler for use.

Unscrew and lift off the white cover.

Hold the inhaler upright with the blue grip downwards (Figure 2). Do not hold the mouthpiece when you turn the blue grip. Turn the blue grip as far as it will go in one direction, and then back again in the opposite direction as far as it will go. It does not matter which way you turn first. During this procedure you will hear a click. Perform the procedure twice.

The inhaler is now prepared for use, and you should not repeat the above procedure again. To take a dose, please continue according to the instructions below.

How to take an inhalation

Every time you need to take an inhalation, follow the instructions below.

1. Unscrew the white cover and lift it off.

2. Hold your inhaler upright with the blue grip at the bottom.

3. Do not hold the mouthpiece when you load your inhaler. To load your inhaler with a dose, turn the blue grip as far as it will go in one direction. Then turn it as far as it will go in the other direction (it does not matter which way you turn it first). You should hear a click sound.

Your inhaler is now loaded and ready to use. Only load your inhaler when you need to use it.

4. Hold your inhaler away from your mouth, Breathe out gently (if your mouth is comfortable). Do not breathe out through your inhaler.

5. Place the mouthpiece gently between your teeth. Close your lips.

Breathe in as deeply and as hard as you can through your mouth. Do not chew or bite on the mouthpiece.

6. Remove your inhaler from your mouth. Then breathe out gently. The amount of medicine that is inhaled is very small. This means you may not be able to taste it after inhalation. If you have taken the instructions, you can still be confident that you have inhaled the dose and the medicine is now in your lungs.

7. If you are to use a second inhalation, repeat steps 2 to 6.

8. Replace the cover by screwing it back on tightly.

With each inhalation some medication may stick to the inside of your mouth and throat. To reduce the risk of side effects it is advised that you, when possible, rinse your mouth with water after using Terbutaline sulphate inhaler.

Do not try to remove or twist the mouthpiece. It is fixed to your inhaler and must not be taken off. Do not use your inhaler if it has been damaged or if the mouthpiece has come apart from your inhaler.

Cleaning your inhaler

Wipe the outside of the mouthpiece once a week with a dry tissue. Do not use water or liquids.

Figure 1

Figure 2
When to start using a new inhaler

- When a red mark first appears in the indicator window under the mouthpiece, there are about 20 doses left. You will need to see your doctor for another prescription.
- When the red mark reaches the bottom of the indicator window, your inhaler is empty and you must start using your new inhaler.

Note:
- The grip will still twist and ‘click’ even when your inhaler is empty.
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