It is best to take Hygroton 50 mg Tablets in the morning with food. Swallow your tablets whole with a drink of water.

Whilst you are taking Hygroton 50 mg Tablets, your doctor may want to carry out a number of tests from time to time. This is quite usual.

It is important to take your tablets at the right time. You should check with your doctor or pharmacist if you are not sure.

Always take Hygroton 50 mg Tablets exactly as your doctor has told you to. It is important to take your tablets at the right time. You should check with your doctor or pharmacist if you are not sure.

Your doctor will choose a suitable starting dose for your particular condition and monitor your progress. If necessary, this dose can be increased or reduced.

Whilst you are taking Hygroton 50 mg Tablets, your doctor may want to carry out a number of tests from time to time. This is quite usual and nothing to worry about.

It is best to take Hygroton 50 mg Tablets in the morning with food. Swallow your tablets whole with a drink of water.
PL 22961/0178 - Hygroton® 50 mg Tablets
Repackaged by: Expono Ltd, Cornwall Road, Smethwick, B66 2JT, UK.

5. How to store Hygroton 50 mg Tablets

Keep out of the sight and reach of children. Protect from moisture.

Do not take Hygroton 50 mg Tablets after the expiry date which is stated on the carton after EXP. The expiry date refers to the last day of that month.

Should your tablets become discoloured, or show any other signs of deterioration, contact your pharmacist who will advise you what to do.

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist on how to dispose of medicines no longer required. These measures will help protect the environment.

Should your tablets become discoloured, or show any other signs of deterioration, contact your pharmacist who will advise you what to do.

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist on how to dispose of medicines no longer required. These measures will help protect the environment.

6. Further information

What is in Hygroton 50 mg Tablets?

Each tablet contains 50 mg of chlortalidone.

The other ingredients are maize starch, colloidal anhydrous silica, magnesium stearate, microcrystalline cellulose, yellow iron oxide and talc.

What Hygroton 50 mg Tablets looks like and contents of the pack

Plain yellow, round, flat tablets with bevelled edges, imprinted with letter ‘Z’ and ‘X’ on either side of a break line, and plain on the other side.

Hygroton 50 mg Tablets come in blister packs of 30 tablets.

Manufacturer: CENEXI SAS, 52, Rue Marcel et Jacques Gaucher, 94120 Fontenay-Sous-Bois, France.

Processed for the EC by the Product Licence Holder: Esproco Ltd, Connaught Road, Smethwick, B66 2JT, UK.

Repackaged by: N.G. Ltd, West Midlands, B66 2JT, UK.

PL 22961/0178 - Hygroton® 50 mg Tablets

Revision Date: 10.10.2016

Hygroton® is a registered trademark of Alliance PharmaAustria Ltd.
Chlortalidone 50 mg Tablets

1. What Chlortalidone 50 mg Tablets is and what it is taken for

Chlortalidone 50 mg Tablets belong to a group of medicines called thiazide diuretics.
Thiazide diuretics help to reduce the amount of water in your body. They do this by increasing the amount of water that you pass as urine. They are sometimes called ‘water tablets’.

Chlortalidone 50 mg Tablets are used to:
• treat high blood pressure (hypertension)
• treat heart failure
• help reduce the fluid retention that occurs with some kidney or liver diseases
• treat diabetes insipidus (a condition in which an individual produces large amounts of dilute urine and is constantly thirsty).

2. Check before you take Chlortalidone 50 mg Tablets

If any of the above applies to you, or if you are not sure, speak to your doctor or pharmacist before you take Chlortalidone 50 mg Tablets.

Take special care with Chlortalidone 50 mg Tablets

If any of the above applies to you, or if you are not sure, speak to your doctor or pharmacist before you take Chlortalidone 50 mg Tablets.

3. How to take Chlortalidone 50 mg Tablets

It is important to take your tablets at the right time. You should check with your doctor or pharmacist if you are not sure.

Your doctor will choose a suitable starting dose for your particular condition and monitor your progress. If necessary, this dose can be increased or reduced.

Whilst you are taking Chlortalidone 50 mg Tablets, your doctor may want to carry out a number of tests from time to time. This is quite usual and nothing to worry about.

It is best to take Chlortalidone 50 mg Tablets in the morning with food. Swallow your tablets whole with a drink of water.

4. Possible side effects

If any of the side effects get serious, or if you notice any side effects not listed in this leaflet please tell your doctor or pharmacist.

5. How to store Chlortalidone 50 mg Tablets

6. Further information

Read all of this leaflet carefully before you start taking this medicine

Keep this leaflet. You may need to read it again.

If you have any further questions, ask your doctor or pharmacist.

This medicine has been prescribed for you. Do not pass it on to others. It may harm them, even if their symptoms are the same as yours.

The information in this leaflet has been divided into the following sections:

1. What Chlortalidone 50 mg Tablets is and what it is taken for
2. Check before you take Chlortalidone 50 mg Tablets
3. How to take Chlortalidone 50 mg Tablets
4. Possible side effects
5. How to store Chlortalidone 50 mg Tablets
6. Further information

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• help reduce the fluid retention that occurs with some kidney or liver diseases
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2. Check before you take Chlortalidone 50 mg Tablets

Take special care with Chlortalidone 50 mg Tablets

Take special care with Chlortalidone 50 mg Tablets

If any of the above applies to you, or if you are not sure, speak to your doctor or pharmacist before you take Chlortalidone 50 mg Tablets.

Take other medicines

Tell your doctor or pharmacist if you are taking or have recently taken any of the following medicines as they may interfere with Chlortalidone 50 mg Tablets:
• other treatments for high blood pressure or heart problems such as:
  • ACE inhibitors (for example, lisinopril)
  • beta blockers (for example propranolol, hydrochlorothiazide)
  • methyldopa
  • vasoconstrictors (for example, prazosin, telmisartan)
  • nitrates
  • angiotensin receptor blockers (for example, losartan)
  • cholinergic agents or atropine sulphonate
  • diuretics (for example, furosemide, thiazides)
  • colestyramine or cholestyramine
  • lithium or other treatments for bipolar disorder
  • cholestyramine or cholestyramine
  • other treatments for heart or kidney problems.

Please tell your doctor or pharmacist if you are taking or have recently taken any other medicines, including medicines obtained without a prescription.

Take with food and drink

It is best to take Chlortalidone 50 mg Tablets in the morning with food. Swallow your tablets whole with a drink of water.
You should avoid low salt diets. Taking Chlortalidone 50 mg Tablets may reduce the amount of salt in your body.

If you are on a low salt diet check with your doctor first before taking Chlortalidone 50 mg Tablets.

You should avoid low salt diets. Taking Chlortalidone 50 mg Tablets may reduce the amount of salt in your body.

3. How to take Chlortalidone 50 mg Tablets

Always take Chlortalidone 50 mg Tablets exactly as your doctor has told you to.

Your doctor will choose a suitable starting dose for your particular condition and monitor your progress. If necessary, this dose can be increased or reduced.

If you feel dizzy when you start taking these tablets, do not drive or work with machinery until these effects have worn off.

4. Possible side effects

If any of the side effects get serious, or if you notice any side effects not listed in this leaflet please tell your doctor or pharmacist.

5. How to store Chlortalidone 50 mg Tablets

6. Further information

Read all of this leaflet carefully before you start taking this medicine

Keep this leaflet. You may need to read it again.

If you have any further questions, ask your doctor or pharmacist.

This medicine has been prescribed for you. Do not pass it on to others. It may harm them, even if their symptoms are the same as yours.

The information in this leaflet has been divided into the following sections:

1. What Chlortalidone 50 mg Tablets is and what it is taken for
2. Check before you take Chlortalidone 50 mg Tablets
3. How to take Chlortalidone 50 mg Tablets
4. Possible side effects
5. How to store Chlortalidone 50 mg Tablets
6. Further information

1. What Chlortalidone 50 mg Tablets is and what it is taken for

Chlortalidone 50 mg Tablets belong to a group of medicines called thiazide diuretics.
Thiazide diuretics help to reduce the amount of water in your body. They do this by increasing the amount of water that you pass as urine. They are sometimes called ‘water tablets’.

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• treat high blood pressure (hypertension)
• treat heart failure
• help reduce the fluid retention that occurs with some kidney or liver diseases
• treat diabetes insipidus (a condition in which an individual produces large amounts of dilute urine and is constantly thirsty).

2. Check before you take Chlortalidone 50 mg Tablets

Take special care with Chlortalidone 50 mg Tablets

Take special care with Chlortalidone 50 mg Tablets

If any of the above applies to you, or if you are not sure, speak to your doctor or pharmacist before you take Chlortalidone 50 mg Tablets.

Take other medicines

Tell your doctor or pharmacist if you are taking or have recently taken any of the following medicines as they may interfere with Chlortalidone 50 mg Tablets:
• other treatments for high blood pressure or heart problems such as:
  • ACE inhibitors (for example, lisinopril)
  • beta blockers (for example propranolol, hydrochlorothiazide)
  • methyldopa
  • vasoconstrictors (for example, prazosin, telmisartan)
  • nitrates
  • angiotensin receptor blockers (for example, losartan)
  • cholinergic agents or atropine sulphonate
  • diuretics (for example, furosemide, thiazides)
  • colestyramine or cholestyramine
  • lithium or other treatments for bipolar disorder
  • cholestyramine or cholestyramine
  • other treatments for heart or kidney problems.

Please tell your doctor or pharmacist if you are taking or have recently taken any other medicines, including medicines obtained without a prescription.

Take with food and drink

It is best to take Chlortalidone 50 mg Tablets in the morning with food. Swallow your tablets whole with a drink of water.
You should avoid low salt diets. Taking Chlortalidone 50 mg Tablets may reduce the amount of salt in your body.

If you are on a low salt diet check with your doctor first before taking Chlortalidone 50 mg Tablets.

Pregnancy and breast-feeding

Do not take Chlortalidone 50 mg Tablets if you are pregnant or trying to become pregnant.
Do not take Chlortalidone 50 mg Tablets if you are breast-feeding because Chlortalidone 50 mg Tablets passes into breast milk and could harm your baby.

Ask your doctor or pharmacist for advice before taking any medicine.

Driving and using machines

If you feel dizzy when you start taking these tablets, do not drive or work with machinery until these effects have worn off.

3. How to take Chlortalidone 50 mg Tablets

Always take Chlortalidone 50 mg Tablets exactly as your doctor has told you to.

It is important to take your tablets at the right time. You should check with your doctor or pharmacist if you are not sure.

Your doctor will choose a suitable starting dose for your particular condition and monitor your progress. If necessary, this dose can be increased or reduced.

If you feel dizzy when you start taking these tablets, do not drive or work with machinery until these effects have worn off.

It is best to take Chlortalidone 50 mg Tablets in the morning with food. Swallow your tablets whole with a drink of water.

Ref: 760
Adults

- The usual dose for adults is as follows:
  - High blood pressure: The starting dose is 25 mg (half a tablet) a day. Your doctor may increase this to 50 mg (one tablet) a day if necessary.
  - Heart failure: The starting dose is 25 mg (half a tablet) a day. Your doctor may increase this to 200 mg (four tablets) a day if necessary.
  - Fluid retention associated with kidney or liver disease: Up to 50 mg (one tablet) a day.
  - Diabetes insipidus (a disease in which an individual produces large amounts of dilute urine and is constantly thirsty): The starting dose is 100 mg (two tablets) twice a day. Your doctor may reduce your dose to 50 mg (one tablet) a day.

Children

Your doctor will choose a suitable dose based on your child’s age and weight.

Elderly patients or those with kidney problems

Your doctor may give you a lower dose because your body may not get rid of Chlortalidone 50 mg Tablets as quickly as normal.

If you are not sure how many tablets to take, ask your doctor or pharmacist. Do not stop taking your tablets suddenly. Ask your doctor first.

What to do if you take more Chlortalidone 50 mg Tablets than you should

If you accidentally take too many tablets, or someone else takes any of your medicine, you should tell your doctor immediately or contact your nearest accident and emergency department because you may need urgent treatment. Show any left over medicine or the empty pack to the doctor.

If you forget to take Chlortalidone 50 mg Tablets

If you forget to take a dose, take it as soon as possible, unless it is almost time to take the next dose. Do not take a double dose. Then go on as before.

If you have any further questions on the use of this product, ask your doctor or pharmacist.

4. Possible side effects

Do not worry. Like all medicines, Chlortalidone 50 mg Tablets can cause side effects, although not everyone gets them.

If you get any of the following tell your doctor or pharmacist immediately as they may tell you to stop taking Chlortalidone 50 mg Tablets:

- muscles feel weak or will not work properly
- impure heartbeat.

Very common side effects (that affect more than 1 person in 10):

- low blood levels of potassium which can cause muscle weakness, muscle twitching or abnormal heartbeat
- increased blood levels of uric acid
- increased blood levels of cholesterol

Common side effects (that affect less than 1 person in 10):

- low levels of sodium which can cause tiredness, confusion, muscle twitching, fits or coma
- low levels of magnesium
- high blood sugar levels which can cause tireness, weakness or feeling thirsty
- nettle rash
- skin rash
- low blood pressure which may make you feel dizzy when you stand up
- dizziness
- loss of appetite
- upset stomach
- impotence in men.

Uncommon side effects (that affect less than 1 person in 100):

- poor vision which causes pain and swelling in the joints.

Very rare side effects (that affect less than 1 person in 10 000):

- low blood levels of calcium which can cause agulation, some eyes, abdominal pain
- sugar in the urine (this would show up when your doctor or nurse tests your urine)
- scarring of the skin
- swelling of the skin or eyes caused by liver or blood problems (jaundice)
- increased sensitivity of your skin to sunlight
- abnormal heartbeat the symptoms of which include palpitations and fainting
- pins and needles
- headache
- feeling or being sick
- stomach pain
- constipation
- diarrhoea
- constipation
- skin rash
- nettle rash
- high blood levels of cholesterol
- high blood sugar levels
- low levels of potassium which can cause muscle twitches and cramps, hypokalaemia
- abnormal heart rate the symptoms of which include palpitations and fainting
- increased calcium in the blood which can cause agitation, some eyes, abdominal pain
- irregular heartbeat.

Rare side effects (that affect less than 1 person in 10 000)

- increased calcium in the blood which can cause agitation, some eyes, abdominal pain
- sugar in the urine (this would show up when your doctor or nurse tests your urine)
- scarring of the skin
- swelling of the skin or eyes caused by liver or blood problems (jaundice)
- increased sensitivity of your skin to sunlight
- abnormal heartbeat the symptoms of which include palpitations and fainting
- pins and needles
- headache
- feeling or being sick
- stomach pain
- constipation
- diarrhoea
- constipation
- skin rash
- nettle rash
- high blood levels of cholesterol
- high blood sugar levels
- low levels of potassium which can cause muscle twitches and cramps, hypokalaemia
- abnormal heart rate the symptoms of which include palpitations and fainting
- increased calcium in the blood which can cause agitation, some eyes, abdominal pain
- irregular heartbeat.

Reporting of side effects

If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the Yellow Card Scheme at www.mhra.gov.uk/yellowcard. By reporting side effects, you can help provide more information on the safety of this medicine.

5. How to store Chlortalidone 50 mg Tablets

Keep out of the sight and reach of children. Keep the tablets in a cool dry place. Do not freeze. Protect from moisture.

Do not take Chlortalidone 50 mg Tablets after the expiry date which is stated on the carton after EXP. The expiry date refers to the last day of that month.

Should your tablets become discoloured, or show any other signs of deterioration, contact your pharmacist who will advise you what to do.

Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist on how to dispose of medicines no longer required. These measures will help protect the environment.

6. Further information

What is in Chlortalidone 50 mg Tablets?

Each tablet contains 50 mg of chlortalidone. The other ingredients are microcrystalline cellulose, yellow iron oxide E172 and sodium carboxymethylcellulose.

What Chlortalidone 50 mg Tablets looks like and contents of the pack

Pale yellow, round, flat tablets with bevelled edges, impressed with letter ‘Z’ and ‘P’ on either side of a break line, and plain on the other side.

Chlortalidone 50 mg Tablets come in blister packs of 30 tablets.

Manufacturer: CENEXI SAS, 52, Rue Marcel et Jacques Gaucher, 94120 Fontenay-Sous-Bouis, France.

Procured from within the EU by the Product Licence Holder: Expono Ltd, Cornwall Road, Smethwick, B66 2JT, UK.

Repackaged by: N.G. Ltd, West Midlands, B66 2JT, UK.

Ref: 790