Taking other medicines with Scopoderm TTS
Please tell your doctor or pharmacist if you are taking, or have recently taken, any other medicines, including those obtained without a prescription.
In particular, tell your doctor if you are taking any of the following medicines, because Scopoderm may interact with them:
- alcohol
- other drugs that acting on the brain
- antihistamines
- antidepressants
- antiparkinsons and antivirals
- antiarrhythmics
- other travel sickness medicines.

Using Scopoderm TTS with food and drink
Do not drink alcohol whilst using the patches or until the effects of the patches have worn off (this may last up to 24 hours or longer from the time you have removed it).

Pregnancy and breast-feeding
Do not use Scopoderm TTS during pregnancy and breast-feeding unless your doctor advises you to.
Ask your doctor or pharmacist for advice before taking any medicine.

Driving and using machines
Scopoderm TTS may make you feel drowsy, confused or dizzy and may affect your vision. Do not drive, operate any machinery or perform any activity that requires concentration, e.g. driving, or operating machinery, until your symptoms have worn off and consult a doctor. If you have any further questions on the use of this product, ask your doctor or pharmacist.

3. How to use Scopoderm TTS
Always use the patches exactly as described in this leaflet or as your doctor has told you. You should check with your doctor or pharmacist if you are not sure.

Adults
One patch should be applied about 5-6 hours before leaving on your journey (or the evening before) to a clean, dry, hairless area of intact skin behind the ear. Remove the patch from the sachet. Peel off the clear, hexagonal plastic backing, holding the patch by its edge so as not to touch the sticky side (Figure 1).

1. Remove the patch from the sachet. Peel off the clear, hexagonal plastic backing, holding the patch by its edge so as not to touch the sticky side (Figure 1).
2. Press the silver coloured sticky side of the patch firmly to a clean, dry, hairless area of skin behind the ear (Figure 2). Avoid areas of skin that are cut or irritated in any way.
3. Wash your hands thoroughly after applying the patch. Do not touch the patch once it is in place as you may get the active ingredient on your fingers. If you do touch the patch, wash your hands immediately. Do not get the active ingredient near your eyes. If you get hyoscine on your fingers then touch your eyes, your vision may be temporarily affected.
4. Once your journey is over, take the patch off and dispose of it carefully.
5. When you take a patch off wash your hands and also the area of skin where the patch has been.

Each patch will last for up to 3 days. If you are travelling for more than three days, take the patch off after 3 days and apply a fresh patch behind the other ear. You can swim, bathe or shower with little risk of the patch coming off, provided that you have applied the patch properly. However, it is best not to stay in the water too long. If the patch accidentally comes off, dispose of it carefully and put on a new patch.

Elderly
Scopoderm TTS may be used in the elderly (see dosage for adults) although they may be more prone to suffer from the side-effects of hyoscine (see Section 4: Possible Side Effects).

Children
Scopoderm TTS can be used in children aged 10 years or over (see dosage for adults). Do not exceed the recommended dose. The use of these patches is not recommended in younger children. See your doctor or pharmacist for alternative medicines.

If you use more Scopoderm TTS than you should
If you accidentally use too many patches, you may feel restless, excited or confused. In cases of higher overdose, you may become disorientated, hallucinate or have fits. In severe cases of overdose, coma and breathing difficulties may occur. Remove the patch (patches immediately) and tell your doctor or go to your nearest casualty department immediately. Take any remaining patches with you.

If you forget to use Scopoderm TTS
If you forget to put a patch on, apply it as soon as you remember. Do not apply two patches at once to make up for the one that you forgot.

If you stop using Scopoderm TTS
In rare cases - usually after several days of use - symptoms such as dizziness, nausea (feeling sick), vomiting (being sick) and vertigo (loss of balance), which can occur when travelling by boat train or car.

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Some side effects are very common (may affect more than 1 in 10 people)
- dryness of the mouth.
- drowsiness, dizziness
- Frequently blurring of (near) vision and enlargement of the pupils (sometimes in one eye only),
- loss of ability to focus on close or far objects (visual accommodation)

Some side effects are common (may affect between 1 and 10 in every 100 people)
- irritation of the eyelids
- skin irritation

Some side effects are rare (may affect between 1 and 10 in every 10,000 people)
- difficulty in passing water (urinating)
- impairment of memory or concentration, restlessness, disorientation, confusion, or hallucinations.

Some side effects are very rare (may affect less than 1 in every 10,000 people)
- skin rash

If any of the side effects gets serious, or if you have any side effects not listed in this leaflet, please tell your doctor or pharmacist

Reporting of side effects
If you get any side effects, talk to your doctor, pharmacist or nurse. This includes any possible side effects not listed in this leaflet. You can also report side effects directly via the Yellow Card Scheme at: www.mhra.gov.uk/yellowcard
By reporting side effects you can help provide more information on the safety of this medicine.

5. How to store Scopoderm TTS
Keep out of the sight and reach of children
Do not store above 25°C. Do not freeze.
Do not remove patch from the protective pouch until you need it.
Do not use Scopoderm TTS after the expiry date, which is stated on the carton and pouch. The expiry date refers to the last day of that month. Medicines should not be disposed of via wastewater or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

6. Further information
What Scopoderm TTS contain
The active ingredient in each patch is hyoscine.
Each adhesive transdermal patch contains a total of 1.5 mg hyoscine.
(the average amount of hyoscine absorbed from each patch in 72 hours is 1 mg).
Also contains liquid paraffin, polyisobutylene and polypropylene film

What Scopoderm TTS look like and contents of the pack
Scopoderm TTS is a flat system of laminates, sealed around the edge, containing a clear oily filling. The system is a thin circular disc, tan coloured and fitted with a transparent, hexagonal protective liner which projects over the edge of the disc. Viewed through the liner, the system appears silver in colour.