

Public Assessment Report
Clarithromycin 500mg/vial Powder for Infusion
Clarithromycin
PL 10622/0260
Pliva Pharma Ltd

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Lay Summary

The MHRA granted Pliva Pharma Ltd a marketing authorisation (licence) for the medicinal product Clarithromycin 500mg/vial Powder for Infusion (PL 10622/0260) on 13th December 2007. The active ingredient is clarithromycin which is an antibacterial medicine used to treat respiratory tract infections and infections of the skin and soft tissue.

Clarithromycin 500mg/vial Powder for Infusion was demonstrated to be the same as the reference product Klaricid 500mg/vial Powder for Solution for Injection. The product is a prescription only medicine.

No new or unexpected safety concerns arose from these applications and it was therefore judged that the benefits of taking Clarithromycin 500mg/vial Powder for Infusion outweigh the risks, hence Marketing Authorisations have been granted.

Scientific Discussion

INTRODUCTION

Based on the review of the data on quality, safety and efficacy, the UK granted marketing authorisations for the medicinal product Clarithromycin 500mg/vial Powder for Infusion (PL 10622/0260) on 13th December 2007.

Clarithromycin 500mg/vial Powder for Infusion was demonstrated to be a generic medical product of Klaricid 500mg/vial Powder for Solution for Injection (PL 00037/0251), granted 22/9/1993 to Abbott Laboratories Ltd.

The product contains the active ingredient clarithromycin. Clarithromycin is a semi-synthetic derivative of erythromycin A. It exerts its antibacterial action by binding to the 50s ribosomal sub-unit of susceptible bacteria and suppressing protein synthesis. It is highly potent against a wide variety of aerobic and anaerobic gram-positive and gram-negative organisms.

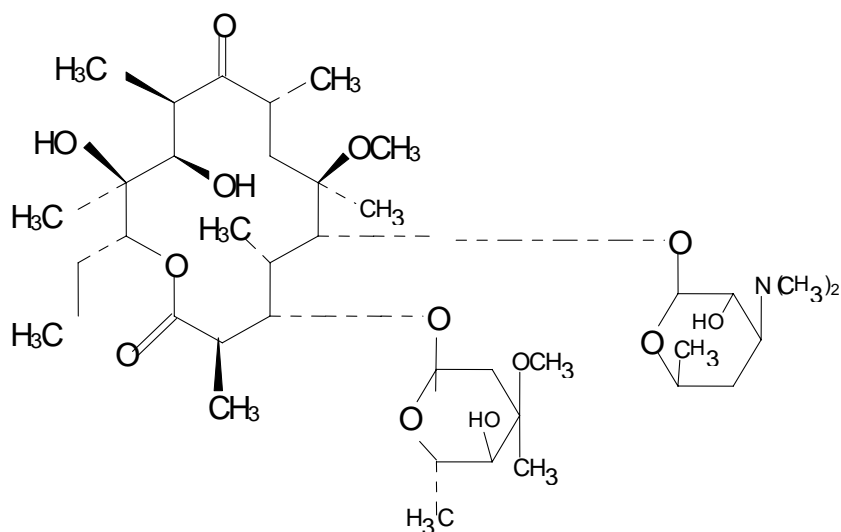
Clarithromycin 500mg/vial Powder for Infusion is indicated whenever parenteral therapy is required for treatment of infections caused by susceptible organisms in the following conditions:

- Lower respiratory tract infections for example, acute and chronic bronchitis, and pneumonia.
- Upper respiratory tract infections for example, sinusitis and pharyngitis.
- Skin and soft tissue infections.

PHARMACEUTICAL ASSESSMENT

DRUG SUBSTANCE

Structure



Mol formula C₃₈ H₆₉ NO₁₃

Molecular Mass 748

Clarithromycin is (3R, 4S, 5S, 6R, 7R, 9R, 11R, 12R, 13S, 14R)-4-[(2,6-dideoxy-3-C-methyl-3-O-methyl- α -L-nbo-hexopyranosyl)oxy]-14-ethyl-12, 13-dihydroxy-7-methoxy-3, 5,7,9,11,13-hexamethyl-6-[[3,4,6-trideoxy-3-(dimethylamino)- β -D-xylo-hexopyranosyl]oxy]oxacyclotetradecane-2, 10-dione(6-O-methylerythromycin A).

Clarithromycin is a white or almost white powder.

An appropriate specification based on the European Pharmacopoeia has been provided.

Analytical methods have been appropriately validated and are satisfactory for ensuring compliance with the relevant specifications.

Clarithromycin stored in appropriate packaging. The specifications and typical analytical test reports are provided and are satisfactory.

Batch analysis data are provided and comply with the proposed specification.

Satisfactory certificates of analysis have been provided for working standards used by the active substance manufacturer and finished product manufacturer during validation studies.

Appropriate stability data have been generated supporting a retest period of 24 months, with no specific storage instructions.

DRUG PRODUCT

Other ingredients

The drug product contains lactobionic acid and sodium hydroxide. Appropriate justification for the inclusion of each excipient has been provided. All excipients used comply with their respective European Pharmacopoeial monograph. Lactobionic acid is obtained synthetically from calcium lactobionate, which is obtained from lactose derived from the milk of healthy cows. It is declared that there are no other materials of animal or human origin.

Impurity Profile

The impurity profile of Clarithromycin 500mg/vial Powder for Infusion was found to be similar to Klaricid 500mg/vial Powder for Solution for Injection.

Manufacture

A description and flow-chart of the manufacturing method has been provided. In-process controls are appropriate considering the nature of the product and the method of manufacture. Satisfactory process validation has been carried out.

Finished product specification

The finished product specification is satisfactory. Acceptance limits have been justified with respect to conventional pharmaceutical requirements and, where appropriate, safety. Test methods have been described and have been adequately validated, as appropriate. Batch data have been provided and comply with the release

specification. Certificates of analysis have been provided for any working standards used.

Container Closure System

The drug product is contained in a glass vial with a chlorobutyl rubber seal. The glass vials and rubber stoppers comply with the Ph Eur monograph specifications for glass containers and rubber seals respectively for parenteral preparations.

Stability

Finished product stability studies have been conducted in accordance with current guidelines. Based on the results, a shelf-life of 2 years has been set, which is satisfactory. There are no special storage conditions. The product should be used within 8 hours of reconstitution.

ASSESSOR'S OVERALL CONCLUSIONS ON QUALITY AND ADVICE

A Marketing Authorisation was granted.

PRE-CLINICAL ASSESSMENT

No pre-clinical data were presented with this application and none were required.

MEDICAL ASSESSMENT

Pharmacodynamic properties

Clarithromycin is a semi-synthetic derivative of erythromycin A. It exerts its antibacterial action by binding to the 50s ribosomal sub-unit of susceptible bacteria and suppressing protein synthesis. It is highly potent against a wide variety of aerobic and anaerobic gram-positive and gram-negative organisms.

Pharmacokinetic properties

The microbiologically active metabolite 14-hydroxyclearithromycin is formed by first pass metabolism as indicated by lower bioavailability of the metabolite following IV administration. Following IV administration the blood levels of clarithromycin achieved are well in excess of the MIC_{90s} for the common pathogens and the levels of 14 hydroxyclearithromycin exceed the necessary concentrations for important pathogens e.g. *H.influenzae*.

The pharmacokinetics of clarithromycin and the 14-hydroxy metabolite are non linear, steady-state is achieved by day 3 of IV dosing. Following a single 500mg IV dose over 60 minutes, about 33% clarithromycin and 11% 14 hydroxyclearithromycin is excreted in the urine at 24 hours.

Clinical Expert Report

A satisfactory clinical expert report by a suitably qualified expert was provided.

Efficacy

The efficacy profile of clarithromycin is well established. No new efficacy data are required for these applications.

Safety

The safety profile of clarithromycin is well established. No new efficacy data are required for these applications.

Summary of Product Characteristics

The Summary of Product Characteristics can be found on page 11 of this report and was satisfactory.

Patient Information Leaflet

The Patient information leaflet is satisfactory.

Conclusion

A marketing authorisation was granted.

Overall Conclusion and Risk/Benefit Analysis

Quality

The important quality characteristics of Clarithromycin 500mg/vial Powder for Infusion are well defined and controlled. The specifications and batch analytical results indicate consistency from batch to batch. There are no outstanding quality issues that would have a negative impact on the benefit/risk balance.

Pre-Clinical

No new preclinical data were submitted and none are required for applications of this type.

Clinical

No bioequivalence study was required for this type of product. No new or unexpected safety concerns arise from these applications. The SPC, PIL and labelling are satisfactory and consistent with the reference product.

Risk/Benefit Analysis

The quality of the product is acceptable and no new preclinical or clinical safety concerns have been identified. The risk benefit is, therefore, considered to be positive.

Steps Taken During Assessment

1	The MHRA received the application on 13 th December 2004.
2	Following standard checks and communication with the applicant the MHRA considered the application valid on 20 th December 2004.
3	Following assessment of the application the MHRA requested further information from the applicant regarding the quality assessment on 12 th May 2005, 8 th June 2005 and 17 th January 2007.
4	The applicant provided further information in regard to the quality assessment on 7 th June 2005, April 2006 and 5 th October 2007.
5	The application was determined on 13 th December 2007.

Steps Taken after Assessment

None

SUMMARY OF PRODUCT CHARACTERISTICS

1 NAME OF THE MEDICINAL PRODUCT

Clarithromycin 500mg/vial Powder for Infusion

2 QUALITATIVE AND QUANTITATIVE COMPOSITION

Clarithromycin 500mg/vial. Each vial contains 500mg clarithromycin.

When reconstituted the solution strength is 2mg/ml.

For a full list of excipients, see section 6.1

3 PHARMACEUTICAL FORM

Lyophilised powder for reconstitution to give a solution for IV administration. The description of the product is a white crystalline powder. The appearance of the product after reconstitution is a clear solution.

4 CLINICAL PARTICULARS

4.1 Therapeutic indications

Clarithromycin 500mg/vial Powder for Infusion is indicated whenever parenteral therapy is required for treatment of infections caused by susceptible organisms in the following conditions:

- Lower respiratory tract infections for example, acute and chronic bronchitis, and pneumonia.
- Upper respiratory tract infections for example, sinusitis and pharyngitis.
- Skin and soft tissue infections.

4.2 Posology and method of administration

For intravenous administration only.

Intravenous therapy may be given for 2 to 5 days and should be changed to oral clarithromycin therapy when appropriate.

Adults: The recommended dosage of Clarithromycin 500mg/vial Powder for Infusion is 1.0 gram daily, divided into two 500mg doses, appropriately diluted as described below.

Children: At present, there are insufficient data to recommend a dosage regimen for routine use in children.

Elderly: As for adults.

Renal Impairment: Dosage adjustments are not usually required except in patients with severe renal impairment (creatinine clearance <30ml/min). If adjustment is necessary the total daily dosage should be reduced to one half of the normal recommended dose.

Recommended administration:

Clarithromycin 500mg/vial Powder for Infusion should be administered into one of the larger proximal veins as an IV infusion over 60 minutes, using a solution concentration of about 2mg/ml. Clarithromycin should not be given as a bolus or an intramuscular injection.

The method of dilution is:

Step 1. Reconstitute with 10ml Water for Injection.

Step 2. Dilute solution from Step 1 to 250ml with recommended diluents to form a solution of approximately 2mg/ml.

The recommended diluents are:

0.9% sodium chloride solution or 5.0% glucose solutions or Ringer lactate solution.

The appearance of the product after reconstitution is a clear solution.

Both dilution steps must be followed before administration.

4.3 Contraindications

Clarithromycin 500mg/vial Powder for Infusion is contra-indicated in patients with known hypersensitivity to clarithromycin, to any other macrolide antibiotic drugs.

Clarithromycin 500mg/vial Powder for Infusion and ergot derivatives should not be co-administered. (see section 4.5).

Concomitant administration of clarithromycin and any of the following drugs is contraindicated: cisapride, pimozide and terfenadine. Elevated cisapride, pimozide and terfenadine levels have been reported in patients receiving either of these drugs and clarithromycin concomitantly. This may result in QT prolongation and cardiac arrhythmias including ventricular tachycardia, ventricular fibrillation and Torsade de Pointes. Similar effects have been observed with concomitant administration of astemizole and other macrolides

4.4 Special warnings and precautions for use

Clarithromycin is principally excreted by the liver and kidney. Caution should be exercised in administering this antibiotic to patients with impaired hepatic and renal function. Prolonged or repeated use of clarithromycin may result in an overgrowth of non-susceptible bacteria or fungi. If super-infection occurs, clarithromycin should be discontinued and appropriate therapy instituted.

There have been post-marketing reports of colchicine toxicity with concomitant use of clarithromycin and colchicine, especially in the elderly, some of which occurred in patients with renal insufficiency. Deaths have been reported in some such patients (see Section 4.5).

4.5 Interaction with other medicinal products and other forms of interaction

Clarithromycin has been shown not to interact with oral contraceptives.

As with other macrolide antibiotics the use of clarithromycin in patients concurrently taking drugs metabolised by the cytochrome p450 system (e.g. cilostazol, methylprednisolone, oral anticoagulants (eg warfarin), quinidine, sildenafil, ergot alkaloids, alprazolam, triazolam, midazolam, disopyramide, lovastatin, rifabutin, phenytoin, cyclosporin, vinblastine, valproate and tacrolimus) may be associated with elevations in serum levels of these other drugs. Rhabdomyolysis, co-incident with the co-administration of

clarithromycin, and HMG-CoA reductase inhibitors, such as lovastatin and simvastatin has been reported.

The administration of Clarithromycin to patients who are receiving theophylline has been associated with increased serum theophylline levels and potential theophylline toxicity.

The use of Clarithromycin in patients receiving warfarin may result in a potentiation of the effects of warfarin. Prothrombin time should be frequently monitored in these patients. The effects of digoxin may be potentiated with concomitant administration of Clarithromycin. Monitoring of serum digoxin levels should be considered. Clarithromycin may potentiate the effects of carbamazepine due to a reduction in the rate of excretion. Simultaneous oral administration of clarithromycin tablets and zidovudine to HIV infected adults may result in decreased steady-state zidovudine concentrations. Since this interaction in adults is thought to be due to interference of clarithromycin with simultaneously administered oral zidovudine, this interaction should not be a problem when clarithromycin is administered intravenously. With oral clarithromycin, the interaction can be largely avoided by staggering the doses; see Summary of Product Characteristics for Clarithromycin tablets for further information. No similar reaction has been reported in children. Ritonavir increases the area under the curve (AUC), C_{max} and C_{min} of clarithromycin when administered concurrently. Because of the large therapeutic window for clarithromycin, no dosage reduction should be necessary in patients with normal renal function. However, for patients with renal impairment, the following dosage adjustments should be considered: For patients with CL_{CR} 30 to 60ml/min the dose of clarithromycin should be decreased by 50%. For patients with $CL_{CR} < 30$ ml/min the dose of clarithromycin should be decreased by 75%. Doses of clarithromycin greater than 1g/day should not be coadministered with ritonavir. There have been post-marketed reports of Torsade de Pointes occurring with the concurrent use of clarithromycin and quinidine or disopyramide. Levels of these medications should be monitored during clarithromycin therapy. Colchicine is a substrate for both CYP3A and the efflux transporter, P-glycoprotein (Pgp). Clarithromycin and other macrolides are known to inhibit CYP3A and Pgp. When clarithromycin and colchicine are administered together, inhibition of Pgp and/or CYP3A by clarithromycin may lead to increased exposure to colchicine. Patients should be monitored for clinical symptoms of colchicine toxicity (see Section 4.4). Post-marketing reports indicate that co-administration of clarithromycin with ergotamine or dihydroergotamine has been associated with acute ergot toxicity characterized by vasospasm and ischaemia of the extremities and other tissues including the central nervous system (see section 4.3 Contraindications).

4.6 Pregnancy and lactation

The safety of Clarithromycin during pregnancy and breast feeding of infants has not been established. Clarithromycin should thus not be used during pregnancy or lactation unless the benefit is considered to outweigh the risk. Some animal studies have suggested an embryotoxic effect but only at dose levels which are clearly toxic to mothers. Clarithromycin has been found in the milk of lactating animals and in human breast milk.

4.7 Effects on ability to drive and use machines

None reported.

4.8 Undesirable effects

The most frequently reported infusion-related adverse events in clinical studies were injection-site inflammation, tenderness, phlebitis and pain. The most common non-infusion related adverse event reported was taste perversion.

During clinical studies with oral Clarithromycin, the drug was generally well tolerated. Side-effects included nausea, vomiting, diarrhoea, dyspepsia and abdominal pain and paraesthesia. Stomatitis, glossitis and oral monilia have been reported. Other side-effects include headache, tooth and tongue discolouration, arthralgia, myalgia and allergic reactions ranging from urticaria, mild skin eruptions and angioedema to anaphylaxis have been reported. There have been reports of Stevens-Johnson syndrome/ toxic epidermal necrolysis with orally administered clarithromycin. Reports of alteration of the sense of smell, usually in conjunction with taste perversion have also been received.

There have been reports of transient central nervous system side-effects including dizziness, vertigo, anxiety, insomnia, bad dreams, tinnitus, confusion, disorientation, hallucinations, psychosis, and depersonalisation. There have been reports of hearing loss with clarithromycin which is usually reversible upon withdrawal of therapy. Pseudomembranous colitis has been reported rarely with clarithromycin, and may range in severity from mild to life threatening.

There have been rare reports of hypoglycaemia, some of which have occurred in patients on concomitant oral hypoglycaemic agents or insulin.

There have been very rare reports of uveitis mainly in patients treated with concomitant rifabutin, most of these were reversible.

Isolated cases of leukopenia and thrombocytopenia have been reported.

As with other macrolides, hepatic dysfunction (which is usually reversible) including altered liver function tests, hepatitis and cholestasis with or without jaundice, has been reported. Dysfunction may be severe and very rarely fatal hepatic failure has been reported.

Cases of increased serum creatinine, interstitial nephritis, renal failure, pancreatitis and convulsions have been reported rarely. As with other macrolides, QT prolongation, ventricular tachycardia and Torsade de Pointes have been rarely reported with clarithromycin.

There have been post-marketing reports of colchicine toxicity with concomitant use of clarithromycin and colchicine, especially in the elderly, some of which occurred in patients with renal insufficiency. Deaths have been reported in some such patients (see sections 4.4 and 4.5).

4.9 Overdose

There is no experience of overdosage after IV administration of clarithromycin. However, reports indicate that the ingestion of large amounts of clarithromycin orally can be expected to produce gastro-intestinal symptoms. Adverse reactions accompanying overdosage should be treated by gastric lavage and supportive measures.

As with other macrolides, clarithromycin serum levels are not expected to be appreciably affected by haemodialysis or peritoneal dialysis. One patient who had a history of bipolar disorder ingested 8 grams of clarithromycin and showed altered mental status, paranoid behaviour, hypokalaemia and hypoxaemia.

5 PHARMACOLOGICAL PROPERTIES

5.1 Pharmacodynamic properties

ATC Code: J01FA09

General properties

Mode of action

Clarithromycin is a semi-synthetic derivative of erythromycin A. It exerts its antibacterial action by binding to the 50s ribosomal sub-unit of susceptible bacteria and suppressing protein synthesis. It is highly potent against a wide variety of aerobic and anaerobic gram-positive and gram-negative organisms. The minimum inhibitory concentrations (MICs) of clarithromycin are generally two-fold lower than the MICs of erythromycin.

The 14-(R)-hydroxy metabolite of clarithromycin, formed in man by first pass metabolism, also has antimicrobial activity. The MICs of this metabolite are equal or two-fold higher than the MICs of the parent compound except for *H. influenzae* where the 14-hydroxy metabolite is two-fold more active than the parent compound.

Clarithromycin 500 mg/vial Powder for Solution for Infusion is usually active against the following organisms in vitro:

Gram-positive Bacteria: *Staphylococcus aureus* (methicillin susceptible); *Streptococcus pyogenes* (Group A beta-haemolytic streptococci); alpha-haemolytic streptococcus (viridans group); *Streptococcus* (Diplococcus) pneumoniae; *Streptococcus agalactiae*; *Listeria monocytogenes*.

Gram-negative Bacteria: *Haemophilus influenzae*, *Haemophilus parainfluenzae*, *Moraxella* (Branhamella) catarrhalis, *Neisseria gonorrhoeae*; *Legionella pneumophila*, *Bordetella pertussis*, *Helicobacter pylori*; *Campylobacter jejuni*.

Mycoplasma: *Mycoplasma pneumoniae*; *Ureaplasma urealyticum*.

Other Organisms: *Chlamydia trachomatis*; *Mycobacterium avium*; *Mycobacterium leprae*; *Chlamydia pneumoniae*.

Anaerobes: Macrolide-susceptible *Bacteriodes fragilis*; *Clostridium perfringens*; *Peptococcus* species; *Peptostreptococcus* species; *Propionibacterium acnes*.

Clarithromycin has bactericidal activity against several bacterial strains. These organisms include *H. influenzae*, *Streptococcus pneumoniae*, *Streptococcus pyogenes*, *Streptococcus agalactiae*, *Moraxella* (Brahamella) catarrhalis, *Neisseria gonorrhoeae*, *Helicobacter pylori* and *Campylobacter* spp.

The activity of clarithromycin against *H. pylori* is greater at neutral pH than at acid pH.

5.2 Pharmacokinetic properties

The microbiologically active metabolite 14-hydroxyclearithromycin is formed by first pass metabolism as indicated by lower bioavailability of the metabolite

following IV administration. Following IV administration the blood levels of clarithromycin achieved are well in excess of the MIC_{90s} for the common pathogens and the levels of 14 hydroxyclearithromycin exceed the necessary concentrations for important pathogens e.g. *H.influenzae*.

The pharmacokinetics of clarithromycin and the 14-hydroxy metabolite are non linear, steady-state is achieved by day 3 of IV dosing. Following a single 500mg IV dose over 60 minutes, about 33% clarithromycin and 11% 14 hydroxyclearithromycin is excreted in the urine at 24 hours.

Clarithromycin 500 mg/vial Powder for Solution for Infusion does not contain tartrazine or other azo dyes, lactose or gluten.

5.3 Preclinical safety data

There are no pre-clinical data of relevance to the prescriber which are additional to that already included in other sections of the SPC.

6 PHARMACEUTICAL PARTICULARS

6.1 List of excipients

Lactobionic acid
Sodium hydroxide

6.2 Incompatibilities

None known. However, Clarithromycin 500mg/vial Powder for Infusion should only be diluted with the diluents recommended.

6.3 Shelf life

24 months unopened. This medicinal product does not require any special storage conditions.

Chemical and physical in-use stability has been demonstrated for 8 hours at room temperature and 24 hours at 2 to 8°C. From a microbiological point of view, the product should be used immediately. If not used immediately, in-use storage times and conditions are the responsibility of the user and would not normally be longer than 24 hours at 2 to 8°C, unless reconstitution/dilution has taken place in controlled and validated aseptic conditions.

6.4 Special precautions for storage

This medicinal product does not require any special storage conditions.

6.5 Nature and contents of container

20ml vial (Glass Type I, Ph.Eur 3.2.1) with a chlorobutyl stopper with an aluminium and plastic flip-off cap. Vials are packed in units of 1, 4 and 6. Pack size 500mg.

6.6 Special precautions for disposal

Special precautions for handling

Clarithromycin 500mg/vial Powder for Infusion should be administered into one of the larger proximal veins as an IV infusion over 60 minutes, using a solution concentration of about 2mg/ml. Clarithromycin should not be given as a bolus or an intramuscular injection.

The method of dilution is:

Step 1. Reconstitute with 10ml Water for Injection.

Step 2. Dilute solution from Step 1 to 250ml with recommended diluents to form a solution of approximately 2mg/ml.

The recommended diluents are:

0.9% sodium chloride solution or 5.0% glucose solutions or Ringer lactate solution

Both dilution steps must be followed before administration.

Special Precautions for disposal

For single use only. Any unused solution and the vial should be adequately disposed of, in accordance with local requirements.

7 MARKETING AUTHORISATION HOLDER

PLIVA Pharma Ltd
Vision House
Bedford Road
Petersfield
Hampshire
GU32 3QB

8 MARKETING AUTHORISATION NUMBER(S)

PL 10622/0260

**9 DATE OF FIRST AUTHORISATION/RENEWAL OF THE
AUTHORISATION**

13/12/2007

10 DATE OF REVISION OF THE TEXT

13/12/2007

