

# **Public Assessment Report**

## **Fluoxetine 20mg Capsules**

**PL 20532/0004**

# FLUOXETINE 20MG CAPSULES

PL 20532/0004

UKPAR

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# **FLUOXETINE 20MG CAPSULES**

**PL 20532/0004**

## **LAY SUMMARY**

The Medicines and Healthcare products Regulatory Agency (MHRA) has granted Aurobindo Pharma Limited a Marketing Authorisation (licence) for the medicinal product Fluoxetine 20mg Capsules (PL 20532/0004). This is a prescription only medicine [POM] for treating depression, obsessive-compulsive disorder and bulimia nervosa (an eating disorder characterised by binge-eating and purging).

The product contains fluoxetine hydrochloride, which helps to raise the levels of the hormone serotonin.

This is a simple abridged application that cross-refers to a previously granted licence for Fluoxetine 20mg Capsules (PL 16002/0016).

No new or unexpected safety concerns arose from this simple application and it was therefore judged that the benefits of using Fluoxetine 20mg Capsules outweigh the risks, hence a Marketing Authorisation has been granted.

# **FLUOXETINE 20MG CAPSULES**

**PL 20532/0004**

## **SCIENTIFIC DISCUSSION**

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## **INTRODUCTION**

The UK granted a marketing authorisation for the medicinal product Fluoxetine 20mg Capsules (PL 20532/0004) to Aurobindo Pharma Limited on 7 June 2006. The product is a prescription only medicine [POM].

This application was submitted as a simple abridged application according to Article 10.1(a)i of Directive 2001/83/EC, cross-referring to Fluoxetine 20mg Capsules (PL 16002/0016, approved on 6 January 2000).

Fluoxetine is a selective serotonin (5-hydroxytryptamine, 5-HT) reuptake inhibitor, whose selectivity is unaltered by its major metabolite.

No new data were submitted for this simple application, nor were any necessary, as the data are identical to that of the previously granted cross-referenced product. As the cross-referenced product was granted prior to the introduction of current legislation, no public assessment report was generated for it.

Fluoxetine 20mg Capsules is indicated for the treatment of the symptoms of depressive illness, with or without associated anxiety symptoms, especially where sedation is not required. It is also used in the treatment of obsessive-compulsive disorder and for the reduction of binge-eating and purging activity in bulimia nervosa.

## **PHARMACEUTICAL ASSESSMENT**

**PRODUCT LICENCE NUMBER:** PL 20532/0004  
**PROPRIETARY NAME:** Fluoxetine 20mg Capsules  
**ACTIVE INGREDIENT:** Fluoxetine hydrochloride  
**COMPANY NAME:** Aurobindo Pharma Ltd  
**LEGAL STATUS:** POM

### **INTRODUCTION**

This application was submitted under Article 10.1(a)(i) of Directive 2001/83/EC, and considered to be identical to Fluoxetine Capsules 20mg 16002/0016 granted on 6 January 2000 to Pharmafile Ltd, who have given permission for their file to be accessed. In addition, the applicant has provided a declaration confirming that they have access to Part II technical data. A declaration has also been provided by the finished product manufacturers to the effect that they are prepared to manufacture the tablets for and on behalf of the applicant.

### **EXPERT REPORTS**

Satisfactory “identicality” statements have been provided by suitably qualified quality, pre-clinical and clinical experts.

### **PRODUCT NAME**

Satisfactory.

### **MARKETING AUTHORISATION APPLICATION (MAA) FORM**

The MAA is largely in line with the licence documentation for the cross-referred licence.

Letters of access are provided for the active sources. Copies of the EDQM certificates for gelatin are provided.

### **Additional data requirements**

The finished product specification has been updated in line with current pharmacopoeial requirements.

### **SUMMARY OF PRODUCT CHARACTERISTICS (SPC), LABELLING & PATIENT INFORMATION LEAFLET (PIL)**

Satisfactory.

### **RECOMMENDATION**

Grant of the Marketing Authorisation is recommended.

## **PRECLINICAL ASSESSMENT**

No new preclinical data have been supplied with this application and none are required for an application of this type.

## **CLINICAL ASSESSMENT**

No new clinical data have been supplied with this application and none are required for an application of this type.

## **OVERALL CONCLUSION AND RISK-BENEFIT ASSESSMENT**

### **QUALITY**

The data for this application are consistent with those previously assessed for the cross-referenced product and as such have been judged to be satisfactory.

### **PRECLINICAL**

No new preclinical data were submitted and none are required for an application of this type.

### **EFFICACY**

This application is identical to a previously granted application for Fluoxetine 20mg Capsules.

No new or unexpected safety concerns arose from this application.

The SPC, PIL and labelling are satisfactory and consistent with those of the cross-referenced product.

### **RISK-BENEFIT ASSESSMENT**

The quality of the product is acceptable and no new preclinical or clinical safety concerns have been identified. The applicant's product is identical to the cross-referenced product. The risk-benefit assessment is therefore considered to be favourable.

# FLUOXETINE 20MG CAPSULES

PL 20532/0004

## STEPS TAKEN FOR ASSESSMENT

1	The MHRA received the marketing authorisation application for Fluoxetine 20mg Capsules on 20 November 2003.
2	The MHRA's assessment of the submitted data was completed on 24 March 2004.
3	Further information was requested from the company on 30 March 2004.
4	The applicant's response to further information request was received 8 June 2004.
5	Further responses were submitted by the applicant on 25 August 2005 and 21 April 2006.
6	The MHRA completed its assessment of the application on 6 June 2006.
7	The application was determined on 7 June 2006.

# FLUOXETINE 20MG CAPSULES

PL 20532/0004

## STEPS TAKEN AFTER AUTHORISATION - SUMMARY

Date submitted	Application type	Scope	Outcome

## SUMMARY OF PRODUCT CHARACTERISTICS

### 1. NAME OF THE MEDICINAL PRODUCT

Fluoxetine 20 mg Capsules

### 2. QUALITATIVE AND QUANTITATIVE COMPOSITION

Fluoxetine 20 mg as Fluoxetine Hydrochloride.

For excipients, see section 6.1

### 3. PHARMACEUTICAL FORM

Hard capsule.

Size 3. Capsule cap is light green opaque. Capsule body is standard yellow opaque. Markings are "F20".

### 4. CLINICAL PARTICULARS

#### 4.1. Therapeutic indications

*Depression:* Fluoxetine is indicated for the treatment of the symptoms of depressive illness, with or without associated anxiety symptoms, especially where sedation is not required.

*Obsessive-compulsive disorder.*

*Bulimia nervosa:* Fluoxetine is indicated for the reduction of binge-eating and purging activity.

#### 4.2. Posology and method of administration

For oral administration to adults only.

*Depression with or without associated anxiety symptoms - adults and the elderly:* A dose of 20 mg/day is recommended.

*Obsessive-compulsive disorder:* 20 mg/day to 60 mg/day. A dose of 20 mg/day is recommended as the initial dose. Although there may be an increase in the potential of side-effects at higher doses, a dose increase may be considered after several weeks if there is no response.

*Bulimia nervosa - adults and the elderly:* A dose of 60 mg/day is recommended.

*Children and adolescents under 18 years of age:* The use of Fluoxetine in children is not recommended, as safety and efficacy have not been established. The use of fluoxetine in adolescents under 18 years of age is not recommended due to suicidal behaviour.

*Patients with renal and/or hepatic dysfunction:* Fluoxetine should not be administered to patients with severe renal failure (GFR <10 ml/min). A lower dose, e.g. alternate day dosing, is recommended in patients with significant hepatic dysfunction or mild to moderate renal failure (GFR 10-50 ml/min).

#### **4.3. Contraindications**

Hypersensitivity to fluoxetine or the ingredients of the preparation.

Fluoxetine should not be administered to patients with severe renal failure (GFR <10 ml/min) because accumulation may occur in these patients during chronic treatment.

*Monoamine oxidase inhibitors:* At least 14 days should elapse between discontinuation of monoamine oxidase inhibitors (MAOIs) and initiation of treatment with Fluoxetine. At least five weeks (longer if fluoxetine has been prescribed chronically and/or at higher doses) should elapse between discontinuation of fluoxetine and initiation of therapy with an MAOI.

Serious, sometimes fatal reactions (including hyperthermia, rigidity, myoclonus, autonomic instability with possible rapid fluctuations of vital signs, and mental status changes that indicate extreme agitation progressing to delirium and coma) have been reported with concomitant use of fluoxetine or MAOI or when fluoxetine had been recently discontinued and a MAOI started. Some cases presented with features resembling neuroleptic malignant syndrome. Cyproheptadine or dantrolene may benefit patients experiencing such reactions.

#### **4.4. Special warnings and precautions for use**

Angioneurotic oedema, urticaria and other allergic reactions have been reported. Upon the appearance of rash or of other allergic phenomena for which an alternative aetiology cannot be identified, Fluoxetine should be discontinued.

Fluoxetine should be discontinued in any patient who develops seizures. Fluoxetine should be avoided in patients with unstable epilepsy; patients with controlled epilepsy should be carefully monitored. There have been rare reports of prolonged seizures in patients on fluoxetine receiving ECT treatment.

Fluoxetine should be used with caution in patients with significant hepatic dysfunction or mild to moderate renal failure (GFR 10-50 ml/min).

Clinical experience in acute cardiac disease is limited, therefore caution is advisable. However, the ECG of 312 patients who received fluoxetine in double-blind trials were retrospectively evaluated and no conduction abnormalities which resulted in heart block were observed.

Fluoxetine may cause weight loss which may be undesirable in underweight depressed patients. Only rarely have depressed or bulimic patients been discontinued for weight loss when treated with fluoxetine.

In patients with diabetes, fluoxetine may alter glycaemic control. Hypoglycaemia has occurred during therapy with fluoxetine and hyperglycaemia has developed following discontinuation. Insulin and/or oral hypoglycaemic dosage may need to be adjusted.

There have been reports of abnormal bleeding in several patients, but causal relationship to fluoxetine and clinical importance are unclear.

As improvement may not occur during the first two or more weeks of treatment, patients should be closely monitored during this period. The possibility of a suicide attempt is inherent in depression and may persist until significant remission occurs.

#### Use in children and adolescents under 18 years of age

Fluoxetine 20 mg Capsules should not be used in the treatment of children and adolescents under the age of 18 years. Suicide-related behaviours (suicidal attempt and suicidal thoughts), and hostility (predominantly aggression, oppositional behaviour and anger) were more frequently observed in clinical trials among children and adolescents treated with antidepressants compared to those treated with placebo. If, based on clinical need, a decision to treat is nevertheless taken, the patient should be carefully monitored for the appearance of suicidal symptoms. In addition, long term safety data in children and adolescents concerning growth, maturation and cognitive and behavioural development are lacking.

### **4.5. Interactions with other medicinal products and other forms of interaction**

Monoamine oxidase inhibitors (see contraindications).

Caution is advised if the concomitant administration of Fluoxetine and CNS active drugs, including lithium, is required. There have been reports of both increased and decreased lithium levels when used concomitantly with fluoxetine. Cases of lithium toxicity have been reported. Lithium levels should be monitored.

Because fluoxetine's metabolism (like tricyclic anti-depressants and other selective serotonin antidepressants) involves the hepatic cytochrome P450IID6 isoenzyme systems, concomitant therapy with drugs also metabolised by these enzyme systems may lead to drug interactions.

Concomitant therapy with drugs predominantly metabolised by this isoenzyme, and which have a narrow therapeutic index (such as flecainide, encainide, vinblastine, carbamazepine and tricyclic antidepressants), should be initiated at or adjusted to the low end of their dose range. This will also apply if fluoxetine has been taken in the previous 5 weeks.

Greater than two-fold increases of previously stable plasma levels of tricyclic antidepressants have been observed when administered in combination with Fluoxetine.

Patients on stable doses of phenytoin have developed elevated plasma phenytoin concentrations and clinical phenytoin toxicity, following initiation of concomitant fluoxetine treatment.

Fluoxetine binds to plasma protein and concurrent administration may alter plasma concentrations of other plasma protein bound drugs or conversely fluoxetine. In formal testing, no drug interaction of clinical significance has been observed between fluoxetine and chlorothiazide, ethanol, secobarbital and tolbutamide.

No drug interactions of clinical significance have been observed between fluoxetine and warfarin. However, clinicians should be aware (based on experimental data from animal studies) that the effects of nicoumalone and warfarin may be enhanced.

Fluoxetine does not appear to potentiate the effects of alcohol.

Dynamic interactions between fluoxetine and the herbal remedy, St. John's wort (*Hypericum perforatum*) can occur, resulting in an increase in undesirable effects.

The long elimination half-lives should be borne in mind when considering pharmacodynamic or pharmacokinetic drug interactions.

#### **4.6. Pregnancy and lactation**

*Pregnancy:* The safety of fluoxetine in human pregnancy has not been established; accordingly, the drug should be avoided in pregnancy unless there is no safer alternative. There was no evidence of teratogenicity from animal studies but full testing was limited by maternal toxicity.

*Lactation:* Fluoxetine should not be prescribed to nursing mothers. In one breast milk sample the concentration of fluoxetine, plus norfluoxetine, was 70.4 ng/ml, compared to 295.0 ng/ml in the mother's plasma. No adverse effects on the infant were noted. In another infant the plasma level of fluoxetine was 340 ng/ml and 208 ng/ml of norfluoxetine on the second day of breast feeding from a mother on fluoxetine. This infant developed crying, sleep disturbance, vomiting and watery stools.

#### **4.7. Effects on ability to drive and use machines**

Although fluoxetine has been shown not to affect psychomotor performance in healthy volunteers, any psychoactive drug may impair judgement or skills. Therefore patients should be cautioned that their ability to perform potentially hazardous tasks (*e.g.* driving, operating machinery) may be impaired.

#### 4.8. Undesirable effects

*Body as a whole:* Asthenia, fever.

*Digestive system:* Nausea, diarrhoea, dry mouth, appetite loss, dyspepsia, vomiting. Abnormal liver function tests have been reported rarely.

*Nervous system:* Headache, nervousness, insomnia, drowsiness, dizziness, anxiety, tremor, dizziness, fatigue, decreased libido, seizures. Hypomania or mania occurred in approximately one percent of fluoxetine-treated trial patients. Dyskinesia (including, for example, a case of buccal-lingual-masticatory syndrome, which resolved following drug discontinuation), movement disorders developing in patients with risk factors (including drugs associated with such events) and worsening of pre-existing movement disorders. In children and adolescents under 18 years of age, suicide-related behaviours, emotional lability and hostility have been observed.

*Respiratory system:* Pharyngitis, dyspnoea. Pulmonary events (including inflammatory processes of varying histopathology and/or fibrosis) have been reported rarely. Dyspnoea may be the only preceding symptom.

*Skin and appendages:* A small percentage of patients developed rash and/or urticaria. Serious systemic reactions, possibly related to vasculitis, have developed in patients with rash, and rare cases death has been reported. Excessive sweating, arthralgia, myalgia, serum sickness and anaphylactoid reactions, have also been reported. Hair loss, usually reversible, has been reported.

*Urogenital system:* Sexual dysfunction (delayed or inhibited orgasm).

*Effects on body chemicals:* Hyponatraemia (including serum sodium below 110mmol/l) has been rarely reported and appeared to be reversible when Fluoxetine was discontinued. Some cases were possibly due to the syndrome of inappropriate antidiuretic hormone secretion. The majority of reports were associated with older patients, and patients taking diuretics or otherwise volume depleted.

*Others:* The following have been reported in association with fluoxetine but no causal relationship has been established: aplastic anaemia, cerebral vascular accident, confusion, ecchymoses, eosinophilic pneumonia, gastro-intestinal haemorrhage, hyperprolactinaemia, immune-related haemolytic anaemia, pancreatitis, pancytopenia, suicidal ideation, thrombocytopenic purpura, vaginal bleeding after drug withdrawal and violent behaviour.

#### 4.9. Overdose

*Overdosage:* On the evidence available, fluoxetine has a wide margin of safety in overdose.

Since introduction, reports of death attributed to overdosage of fluoxetine alone have been extremely rare.

One patient who reportedly took 3000 mg of fluoxetine experienced two grand mal seizures that remitted spontaneously. Nausea and vomiting were prominent in overdoses involving higher fluoxetine doses. Agitation, restlessness, hypomania and other signs of CNS excitation were also observed.

*Management:* No specific antidote is known.

An airway should be established. Cardiac and vital signs monitoring is recommended, along with general symptomatic and supportive measures.

An extended time for close medical observation may be needed in patients who have taken excessive quantities of a tricyclic antidepressant if they are also taking, or have recently taken, fluoxetine. Accumulation of the parent tricyclic or an active metabolite may increase the possibility of clinically relevant sequelae.

Based on experience with animals, fluoxetine induced seizures which fail to remit spontaneously may respond to diazepam. Due to the large volume of distribution of fluoxetine, forced diuresis, dialysis, haemoperfusion and exchange transfusion are unlikely to be of benefit. Activated charcoal, which may be used with sorbitol, may be as effective if not more effective than emesis or lavage.

## **5. PHARMACOLOGICAL PROPERTIES**

### **5.1. Pharmacodynamic properties**

ATC Code: N06A B03 Pharmacotherapeutic group: Antidepressants; Selective Serotonin Reuptake Inhibitors

Fluoxetine is chemically unrelated to tricyclic and tetracyclic antidepressant agents. It is a specific serotonin (5-hydroxytryptamine, 5-HT) reuptake inhibitor, whose specificity is unaltered by its major metabolite. Fluoxetine is a 50:50 mixture of two isomers which have equivalent pharmacological activity in animals. Individuals with reduced P450IID6 isoenzyme activity (3-10% of the normal human population - 'poor metabolisers') were compared to normal metabolisers. The total sum at steady state of the two isomers and their active norfluoxetine metabolites were similar. Thus, net pharmacodynamic activities were essentially the same.

Suicide-related behaviours have been frequently observed in children and adolescents treated with SSRI's. Long-term safety data in children and adolescents are lacking in regards to growth, maturation and cognitive behavioural development.

### **5.2. Pharmacokinetic properties**

Fluoxetine has a half-life of 1 to 3 days after acute administration. The half-life may be prolonged to 4 to 6 days after chronic administration. The active metabolite, norfluoxetine, has a mean half-life of 9.3 days after multiple dosing (range 4 to 16 days). Steady state plasma concentrations are only achieved after continuous dosing for weeks.

When dosing is stopped, active drug substances will persist in the body for weeks. This should be borne in mind when starting or stopping treatment.

Plasma concentrations do not appear to increase without limit because, in addition to metabolism by the hepatic cytochrome P450IID6 isoenzyme system, there are non-saturable pathways. Patients receiving fluoxetine for as long as 3 years exhibited average plasma concentrations, similar to those seen among patients treated for 4 or 5 weeks.

### **5.3. Preclinical safety data**

There are no pre-clinical data of relevance to the prescriber which are additional to that already included in other sections of the SPC.

## **6. PHARMACEUTICAL PARTICULARS**

### **6.1. List of excipients**

The capsule also contains:  
pregelatinised maize starch  
anhydrous colloidal silica  
magnesium stearate  
talc.

The capsule shell contains:  
quinoline yellow E104,  
erythrosine E127  
indigo carmine E132  
titanium dioxide E171  
gelatin.

The printing ink contains:  
shellac (E904)  
black iron oxide (E172)  
soya lecithin (E322)  
antifoam DC 1510.

### **6.2. Incompatibilities**

Not applicable.

### **6.3. Shelf life**

2 years.

**6.4. Special precautions for storage**

AL/PVC Blister; Do not store above 25°C. Store in the original package.  
HDPE Bottle : Do not store above 25°C. Keep the bottle tightly closed.

**6.5. Nature and contents of container**

Al/PVC blisters. Pack size 28 or 30 capsules  
HDPE bottle with white LDPE snap on cap. Pack size 28 or 30 capsules

**6.6. Instruction for disposal**

No special requirements.

**7. MARKETING AUTHORISATION HOLDER**

Aurobindo Pharma Limited  
Centurion House  
65 Delamere Road  
Hayes,  
Middlesex  
UB4 -0NN

**8. MARKETING AUTHORISATION NUMBER**

PL 20532/0004

**9 DATE OF FIRST AUTHORISATION/RENEWAL OF THE AUTHORISATION**

07/06/2006

**10 DATE OF REVISION OF THE TEXT**

07/06/2006

# Patient Information Leaflet

# FLUOXETINE 20MG CAPSULES

PL 20532/0004

## PATIENT INFORMATION LEAFLET FLUOXETINE 20 mg CAPSULES

Please read this leaflet carefully before you start to take your medicine. It gives you important information about your medicine. If you want to know more, or you are not sure about anything, ask your pharmacist or doctor. Keep the leaflet until you have finished the medicine.

### What's in your medicine

This leaflet refers to the Fluoxetine 20 mg Capsules only. Each hard capsule contains 20 mg of the active ingredient fluoxetine as fluoxetine hydrochloride.

- The capsule also contains: pregelatinised maize starch, talc, anhydrous colloidal silica and magnesium stearate.
- The capsule shell contains: quinoline yellow (E104), erythrosine (E127), indigo carmine (E132), titanium dioxide (E171) and gelatin.
- The printing ink contains: shellac (E904), black iron oxide (E172), soya lecithin (E322), antifoam DC1510.
- Fluoxetine Capsules are available in pack sizes of 28 or 30.

Fluoxetine 20 mg capsules are manufactured by Actavis Ltd, Reykjavikurvegur 78, IS-220 Hafnarfjörður Iceland

The Marketing Authorisation Holder is:

Aurobindo Pharma Limited,  
Centurion House, 65 Delamere Road,  
Hayes,  
Middlesex UB4 0NN.

The Marketing Authorisation Number is: PL20532/0004.

### About your medicine

Fluoxetine capsules are one of a group of medicines called antidepressants that will relieve the symptoms of depression. It may also be used to treat the eating disorder, bulimia nervosa and disorders characterised by obsessive-compulsive actions.

### Before taking your medicine

Make sure it is safe for you to take Fluoxetine Capsules. If you answer yes to any of the following questions, or you are unsure, talk to your pharmacist or doctor.

- Have you ever had an allergic reaction to Fluoxetine capsules or any of the ingredients in the capsule? (An allergic reaction may include a rash, itching or shortness of breath).
- Do you have heart, kidney or liver trouble?
- Are you pregnant, planning to become pregnant or breast feeding?
- Are you taking other medicines, especially monoamine oxidase inhibitors (MAOIs)? MAOIs include phenelzine, tranylcypromine and isocarboxazide. MAOIs and Fluoxetine Capsules do not mix. So if you are taking any MAOI or stopped taking them within the last 2 weeks, you must not take Fluoxetine Capsules.
- Are you receiving a treatment called ECT?
- Do you have a history of manic episodes?
- Do you have epilepsy or diabetes?
- Do you have a history of bleeding disorders?
- DO NOT take any MAOIs for at least 5 weeks after stopping Fluoxetine Capsules.

### Taking other medicines

Please check with your doctor before taking Fluoxetine if you are taking or have recently taken any other medicines even if not prescribed. Some medicines may occasionally interfere with Fluoxetine including the following:

- Other antidepressants such as, imipramine and amitriptyline
- Drugs used to treat anxiety and other mental disorders including lithium and diazepam
- Drugs used to treat epilepsy such as carbamazepine and phenytoin
- Flecainide and encainide used to treat heart problems
- Anticancer agents such as vinblastine
- Drugs used to help thin the blood such as warfarin
- Herbal preparation such as St Johns Wort

You should avoid alcohol whilst taking this medicine.

Antidepressants can affect your judgement or co-ordination. Do not drive or use machinery unless you are sure that you are not affected.

If you are not sure what to do ask your doctor or pharmacist. If you see another doctor or go into hospital, let them know what medicines you are taking.

### Taking your medicine

Follow your doctor's instructions. Check the pharmacy label to see how many tablets to take and how often to take them. If you are not sure how to take them ask your pharmacist or doctor.

### Usual doses

*Depression:* One 20 mg capsule per day

*Bulimia:* Three 20 mg capsules each day



# FLUOXETINE 20MG CAPSULES

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*Obsessive-compulsive disorder:* Initially one 20 mg capsule per day. Your doctor may increase this to 60 mg (three capsules) per day.

Swallow the capsule whole with a drink of water. Antidepressants may not make you feel any better for the first 2 weeks or more. This medicine should be taken for as long as your doctor tells you to, it may be dangerous to stop without their advice.

If you forget to take a dose, take one as soon as you remember. Then go on as before. DO NOT take two doses at the same time. If you are worried ask your pharmacist or doctor for advice.

Do not take more capsules than your doctor tells you to. If you ever take too many go to the nearest hospital casualty unit department or tell your doctor immediately. Take the container and any remaining capsules with you to show to the doctor.

Use in children and adolescents under 18 years of age

Fluoxetine should normally not be used for children and adolescents under 18 years. Also, you should know that patients under 18 have an increased risk of side-effects such as suicide attempt, suicidal thoughts and hostility (predominantly aggression, oppositional behaviour and anger) when they take this class of medicine. Despite this, your doctor may prescribe fluoxetine capsules for patients under 18 because he/she decides that this is in their best interests. If your doctor has prescribed fluoxetine capsules for a patient under 18 and you want to discuss this, please go back to your doctor. You should inform your doctor if any of the symptoms listed above develop or worsen when patients under 18 are taking fluoxetine. Also the long-term safety effects concerning growth, maturation and cognitive and behavioural development of fluoxetine in this age group have not yet been demonstrated.

## While taking your medicine

This medicine sometimes causes unwanted effects in some people. These effects may include:

- *General Effects:* high temperature (fever), weakness, yawning, abnormal vision, feeling dizzy when you stand up, bruising. Bleeding of the stomach and vaginal bleeding has been reported rarely.
- *Effects on the Digestive System:* feeling or being sick, diarrhoea, dry mouth, loss of appetite, heart burn, difficulty swallowing, change in taste.
- *Effects on the Liver:* abnormal liver function, very rare cases of hepatitis
- *Effects on the Nervous System:* suicidal tendencies, hostility and worsening emotional stability, headache, nervousness, difficulty sleeping, feeling drowsy (sleepy), feeling anxious, tremor, dizziness, feeling tired, seizures. Hallucinations, manic behaviour, confusion, agitation, difficulty concentrating, depersonalisation, panic attacks (please note that some of these symptoms can be caused by the disease you are being treated for). Abnormal movements or worsening of movement disorders.
- *Effects on the Respiratory (breathing) System:* sore throat, shortness of breath, swelling in the lungs.
- *Effects on the Skin:* rash which may be itchy, increased sweating, muscle or joint pains, chills, sensitivity to light. Hair loss which is usually reversible has been reported. Allergic reactions can occur, see below. Very rarely a serious skin condition known as toxic epidermal necrolysis may occur.
- *Effects on the Urinary Tract:* difficulty passing water (urine), more frequent passing of urine
- *Reproductive disorders:* changes in sexual desire, poor sexual performance, prolonged or painful erection, delayed or absent ejaculation.
- *Effects on the Body Chemicals:* low blood sodium levels

If you get a rash, or allergy reaction such as itching or swelling of the lips and tongue or wheeziness and shortness of breath, stop taking the capsules and contact your doctor immediately.

You may feel dizzy or experience tingling, headache, anxiety and nausea when you stop taking fluoxetine capsules. These symptoms are generally not serious and disappear within a few days.

If you are concerned about any of these effects or get any other unusual effects, tell your doctor immediately.

## Storing your medicine

Do not use the capsules after the expiry (use by) date shown on the carton.

Blister pack: Do not store above 25 °C. Store in the original package.

Bottle: Do not store above 25°C. Keep the bottle tightly closed.

**KEEP IN A SECURE PLACE OUT OF THE REACH AND SIGHT OF CHILDREN.**

**REMEMBER**, this medicine is for YOU only. NEVER give it to anyone else. It may harm them, even if their symptoms are the same as yours.

Unless your doctor tells you to, do not keep medicines that you no longer need - give them back to your pharmacist for safe disposal.

Date of last revision: March 2006

P1500463



# Labelling

# FLUOXETINE 20MG CAPSULES

PL 20532/0004

Bottle carton label



# FLUOXETINE 20MG CAPSULES

PL 20532/0004

## Bottle label

Each capsule contains 20 mg of fluoxetine as fluoxetine hydrochloride

**POM**

For oral administration only.

Use as directed by your physician.

Please read the enclosed leaflet.

Keep out of the reach and sight of children.

Do not store above 25°C. Keep the bottle tightly closed.

**Fluoxetine 20 mg Capsules**

**28 Hard Capsules**

**ALROBINDO PHARMA LTD.**

PL 20532/0004

PL Holder  
Aurobindo Pharma Limited,  
Centurion House,  
65 Delamere Road,  
Hayes, Middlesex, UB4 0NN,  
United Kingdom.

Batch : \_\_\_\_\_

Expiry : \_\_\_\_\_

P1400

**Pantone 348 C** **Pantone 287 C** **Pantone 179 C** **Black**

# FLUOXETINE 20MG CAPSULES

PL 20532/0004  
Blister carton label

	<p>28 Hard Capsules</p> <p><b>Fluoxetine 20 mg Capsules</b></p> <p>PL 20532/0004</p> <p>PL Holder Aurobindo Pharma Limited, Centurion House, 65 Delamere Road, Hayes, Middlesex, UB4 0NN, United Kingdom.</p>	
	<p><b>Fluoxetine 20 mg Capsules</b></p> <p>28 Hard Capsules</p> <p>Each capsule contains 20 mg of fluoxetine as fluoxetine hydrochloride</p> 	<p>28 Hard Capsules</p> <p><b>Fluoxetine 20 mg Capsules</b></p> 
	<p>28 Hard Capsules</p> <p><b>Fluoxetine 20 mg Capsules</b></p> <p>ML.HD/AP/DRUGS/19</p> <p>POM</p>	<p>P.1000802</p>
<p>Expiry Date:</p> <p>Batch No:</p> 	<p><b>Fluoxetine 20 mg Capsules</b></p> <p>For oral administration. Use as directed by your physician. Please read the enclosed leaflet. Do not store above 25°C. Store in the original package. KEEP ALL MEDICINES OUT OF THE REACH AND SIGHT OF CHILDREN.</p>  <p>Put depending label here</p> 	
	<p> Pantone 348 C</p> <p> Pantone 287</p> <p> Pantone 179 C</p> <p> Black</p>	

  
**Fluoxetine**  
  
nr  
sign **20 mg**  
  
**Capsules**

# FLUOXETINE 20MG CAPSULES

PL 20532/0004

Blister foil label

